## The Way

# Transcripts of open lectures **Dr Zai**

#### Since 2014



### 2014

Wed May 21

3:48am #myfirstTweet





5:04am What is Taoism? http://t.co/LacZbWmKNm http:// t.co/8N1gruwzv4

#### Taoism Course of TN

#### Fri May 30



6:25am Taoist music Gao Shan Liu Shui (high mountains and flowing water) http://t.co/cKsDRuYsdN 5.5M http://t.co/AoOiCXSiaO

#### Wed Jun 4

4:48pm RT @TheJJGirl: @TaoismNetwork Thank you for following, I will follow back from @CathyFiddy. Really looking forward to reading your Tao twee...

#### Fri Jun 6

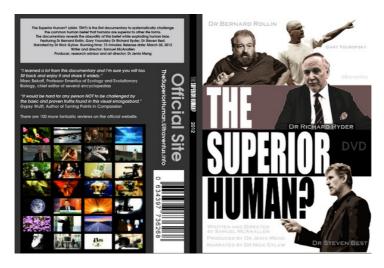
3:06am RT @FilmGenerator: User film: FAQ of Peace Network http:// t.co/9SWfOjp66F

5:04pm #AsianCentury http://t.co/WZMznoJ5m6

#### TaoismNetwork's Twournal



5:15pm Watch this documentary: Myths and Truths about Vegetarianism http://t.co/kq3HrTEudp http://t.co/VFHsWJKaua



5:31pm The Superior Human? First documentary to systematically challenge human superiority 2 animals http://t.co/mbz8tYGwIg http://t.co/KZt8PgZjQ0



5:56pm Key taoist term: Wu Wei (the action of non-action) . Things you want to control, control you. http://t.co/cpFaWoVZNG http://t.co/Q3DoCxH7te



6:18pm Taoism is contrast to patriarchy systems. Females (qualities, such as compassion, altruism) are highly respected. http://t.co/Qs3UVDxaKE

#### TaoismNetwork's Twournal

#### Sat Jun 7

2:09am Taoism has a branch of sexology. It is called Fang Zhong Shu (arts of bedroom)

11:32pm RT @YISHENQI: @TaoismNetwork



#### Sun Jun 8

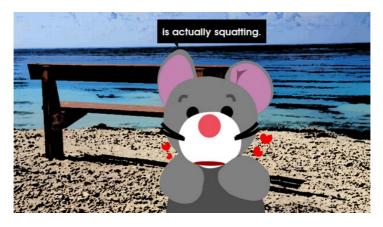
7:57am Our educational CD, http://t.co/scLPGvuuAm http://t.co/ t7upvZFIRf

7:53pm Three Treasures (basic virtues) of Taoism: compassion, frugality, and humility: http://t.co/5K6vsuE0Ok

#### Tue Jun 10

1:59am What is Tao? Tao is the 'theory of everything', a term commonly used by modern physicists http://t.co/ifXQ3KKRTO

2:11am Why Chinese calendar(zodiac) has 12-year cycle? 12 is approximation of Jupiter(sunspot) cycle. Jupiter is the largest planet in solar system 2:20am Why Chinese call themselves the descendants of the Dragon? http://t.co/LtV9lk4rIK Reptile(dragon) is the evolutionary ancestry of human



2:51am Natural childbirth position is squatting, watch this cartoon: http://t.co/GpYqGX66Mw http://t.co/CAnn0WW5Wo
3:37am Taoism has great contribution to martial arts: Tai-chi Chuan http://t.co/FwTZystqZL, Wudang sword, xingyi quan...



3:42am Taoism keywords: Harmony, Equality, Green, Animal Protection, Science, Peace, Health... : http://t.co/uGx7FLeIPC http://t.co/ BNjJoXq4vx

#### Thu Jun 12

7:16am RT @CathyFiddy: @TaoismNetwork I would live to watch this :) #Taoism

#### Fri Jun 13

7:17am We use #Bitcoin

7:22am We use Holocene Calendar http://t.co/akn1sQLZqo Today is

June 13 of Year 12014

7:28am RT @phaedrus25: @TaoismNetwork Love this

7:38am Download/print our pamphlet (FAQ) http://t.co/fFqJOyqfZz

#### Thu Jun 19

 $8{:}44 \mathrm{pm}$  Taoism texts: Tao Te Ching (around 6th century BC), Zhuangzi ,

Liezi, Daozang http://t.co/oorkQqpiye

8:47pm Taoism text 'Tao Te Ching' is the second most translated work in world literature http://t.co/CAa3WeYPQC

10:28pm RT @MusicDish\_China: #coolnewfollower : @TaoismNetwork Did you know Taoism?

#### Fri Jun 20

11:00am Key taoist view: relativity. Two sides of things (eg.good vs. bad ) depend on each other. There isn't good without bad

11:05am Taoism text considers harmony to be eternal. Harmony here means equilibrium.

11:17am Taoism is similar to science and the mainline culture of East Asia.

#### Sun Jun 22

7:09am RT @60sopinion: @TaoismNetwork

7:42am Taoism text: Wars should be treated like funerals

7:46am Taoism text: When we receive education, we learn more and more. When we do Taoism (research), we learn less and less (removing assumptions)

7:58am Taoism text: Assuming good faith of others makes bad people want to be good.

8:02am The character of Tao (道) also means morality. Taoism emphasises morality.

8:09am Things discouraged by Taoism: domination, ownership, extremes ...

#### Mon Jun 23

9:36pm What it is like to do Taoist meditations? http://t.co/rzAXjVF06M9:47pm Taoism started as a culture/philosophy. Some schools changed into organised religion, Other schools remain philosophy.

9:51pm There is no founder of Taoism.

10:04pm Tao Te Ching has more than 80 chapters, Many English translations are inaccurate. We read Taoist texts and sumarize them 4 U, C FAQ

10:11pm It only takes a few minutes to read our FAQ of Taoism: http:// t.co/fFqJOyqfZz ... If you have other questions, send to us 10:24pm Buddhism and Taoism influenced each other. But they are different. Buddhism is an Indian ideology. Taoism does not have reincarnation.

#### Thu Jun 26

6:49am @PMTSEscanaba thanks we'd like to, but we don't have profile on that two sites.

#### Tue Jul 1

6:51pm @ArtistJohnson we have resource online, you can check out our website

6:58pm If you compete with no one (be yourself), no one can compete with you.

7:03pm Societies should pay attention to building moralities. More laws along links to more chaos and deceptions.

7:10pm NIce/compassionate people usually live long

7:15pm Social hierarchies are generally negative. People who are lower in the hierarchies very often have great intelligence and compassion.

7:20pm Taoist view of moderation is based on the understanding of normal distribution (law of averages) http://t.co/d33ZU23PTh

7:22pm Best kind of leaders lead people without being noticed. Worst kind of leaders scare the people to follow them.

7:32pm @ArtistJohnson Taoist text Tao Te Ching said this 4th century BC

7:35pm RT @ArtistJohnson: @TaoismNetwork that's what I used to tell people. Nobody competes with anyone but themselves. Can you do better then.....

#### Sat Jul 5

10:48pm Diet and nutrition is the key of health. Food is your best medicine.

10:51pm It's a myth that our societies are advancing. Native people in many parts of the world don't have tooth cavities, acne, obesity, diabetes. 10:55pm The China study by T. Colin Campbell and colleagues : animal protein is bad for health http://t.co/IVPJaVtvxz

11:03pm [Zodiac] 12 years cycle (of Jupiter) of life is as real as day night cycle (of Sun), Think about your life about 12 years ago.

11:06pm Feng Shui http://t.co/h0aEbpqEXc concept agree to psychology that repetitively expose to subtle information can alter mind

11:09pm There is a curer for cancer: raw vegan diet. Watch

these popular documentaries about cancer treatment: http://t.co/

#### nHLBVDnQgG

11:13pm A large British study of 8170 people found vegetarian diet is associated with high IQ http://t.co/q4qzE8gmF6

#### Wed Jul 9

3:39am RT @TheRawVeganista: The Raw Veganista Daily is out! http://

t.co/NozN1zjnPX Stories via @mobrock @TaoismNetwork

5:20pm 'Feng Shui' http://t.co/h0aEbpqEXc is ancient science.

Feng=wind Shui=water. We have the two in our design too: http://t.co/ rzAXjVF06M

#### TaoismNetwork's Twournal



7:50pm similarities of the two: Heraclitus (Greek philosopher): http://t.co/06DmiCbdwC ; Taoism: http://t.co/xci6Oujiop http://

t.co/4wpYuV8KU1

7:59pm Sages often appear to be dumb (not clever): they are (very) long term thinkers who don't care about the short term advantages .



8:10pm Time tests truths. Wise people are long-term thinkers.

Taoism respects elderly for being wiser. Getting old is great http://t.co/ v73KFwzI85

8:15pm Greek philosopher Heraclitus(about 400 BC)shares very similar views with Taoism . "No man ever steps in the same river twice" was his saying

11:53pm Taoism logo (Taijitu) is also presented in Celtic culture (ancestry of Irish, early settlers of Europe) http://t.co/QuBTRjgqPV

#### Wed Jul 16

6:38am RT @adrd12014: Download and print our poster (A4 size).

Hang it on your wall, or hand out to people http://t.co/ybscyLufXg http://t.co/FXdU...

9:39am Did you know how to drink tea? Tea culture (http://t.co/

bHTRQozV7T ...) is important part of Taoism

9:46am New version of our FAQ for Taoism was released: http://t.co/

aIIJk3QXtD We added many new information

#### TaoismNetwork's Twournal

#### Sun Jul 20



10:10pm Cairns exhibition of ceramics from Jingdezheng (world porcelain capital) : 29 Sheridan St. Discount coupon:cscn012014 http:// t.co/gFMv7ysv5D

10:19pm Recent events of Taoism Network: http://t.co/P8xtkIssam

#### Mon Jul 21

6:16am Laozi (6Century BC), the Author of Tao Te Ching (main Taoist text), is a legendary figure (not totally real). He isn't the founder of Taoism

4:05pm Zen is a combination of Taoism and Buddhism.

4:09pm Taoist text: the highest good/charity is like water: nurturing people/things quietly

4:12pm Taoism had been spread to France by Spanish/Portugal missionary before Columbus discovered America. Henri Maspero is a French Taoist master.



4:18pm This is the flag of South Korea. Note the Taoist symbols. The circle is Ying and Yang. The dotted lines are Bagua http://t.co/ xFaWMrlsL2

4:23pm Bagua are eight groups of dotted lines used in Taoist cosmology to represent the fundamental principles of reality http://t.co/

#### VWj8nKyvuA

10:10pm If you retweeted us, but have not received the gift CD ( http:// t.co/1dKOTTVNIA ), please email us. Our contact email is on our website.

#### Wed Jul 23

9:42pm RT @Thenativecat: @TaoismNetwork @Jackthelad1947 Well these people will help me explain what i feel. :)

#### TaoismNetwork's Twournal

Thu Jul 24



5:20am RT @ajctaichi: My new friends from the taoism network in Australia sent me a gift. http://t.co/roaKmtTyef

Objects in solar system	Relative impact on Earth lives (gravity)	Wu Xing (Five elements)	Element meaning
Mars	1	火	Fire
Venus	5.67	金	Metal
Mercury	11.29	水	Water
Saturn	31.26	土	Soil
Jupiter	434.89	木	Wood
Moon	38503.49		
Sun	7039832.16		
	© Taoism.Go	)	

Fri	Jul	25

6:54pm Relationships between Taoist Science/Astrology and Astronomy (Mars Venus Mercury Saturn Jupiter Moon Sun, Wu Xing) http://t.co/ EiIdkhU6Tu

#### Tue Jul 29

2:52pm RT @TAOinspired: "The flame that burns Twice as bright burns half as long." – Lao Tzu, Te Tao Ching @TaoismNetwork @taoofwellness @ZENandTA...

#### Wed Jul 30

3:24am 'Western advocates of environmentalism have often cited Taoist principles': http://t.co/cF97iVFPjX

#### Thu Jul 31

6:21pm RT @terryallenrubin: @TaoismNetwork Very COOL

#### Sun Aug 3

3:21am RANDY's Philosophical Journey. A animation film explaining most Taoist principles: http://t.co/jEBnJO4CR0

3:35am Zhuangzi outlined concepts describing the interdependence

of things that foreshadows modern ecological thinking http://

t.co/5e8gE12k5D

Objects in solar system	Relative impact on Earth lives (gravity)	Wu Xing (Five elements)	Element meaning	Chinese calendar	Cycle duration
Mars	1	火	Fire		
Venus	5.67	金	Metal		
Mercury	11.29	水	Water		
Saturn	31.26	土	Soil		
Jupiter	434.89	木	Wood	Zodiac	12 years
Moon	38503.49	-	-	Month	A month
Sun	7039832.16	-	-	Day	A day
		© Taois			

4:46am Relationships between astronomy, Taoist science, astrology and calender http://t.co/P2BxRFNxup

#### Sun Aug 10

7:23am RT @EsotericTaoism: @TaoismNetwork Xiao Yao Pai -Spiritual Initiation Event - FB Event Page: http://t.co/dZy42UmS7l Reservations: http://...

#### Wed Aug 13

5:47am RT @adrd12014: Our anti-discrimination poster was sent to more than 17000 individuals and organisations worldwide in the last few weeks

#### Sat Aug 16



6:02pm Daoshi means taoist priest. The JinXian temple of Zhongnan Mountains has cat daoshis. They like vegetarian food. http://t.co/ Pz1hZssunf Thu Aug 21

10:22pm Taoism was originally a matriarchy culture/philosophy. Under the influence of patriarchy, some branches of Taoism become organised religion.



Fri Aug 22

1:51am [Taoist religion] Images of life at temple. Mountains, clothing, food, rituals ... and people: http://t.co/Hn8gxCniVp http://t.co/

#### fBzJRqbBXz

2:09am RT @Thenativecat: @TaoismNetwork Its the peaceful holiday I dream of. :)

6:20am @Thenativecat Jinxian temple welcomes visitors. Food and accommodation are free. Master Liang of Taoism Network lives in the temple.

6:40am Jinxian temple welcomes visitors. Food and accommodation are free. Master Liang of Taoism Network lives in the temple and accepts students 6:52am Why some consider Taoist religion and philosophy very different? Taoist philosophy advocates equality. Taoist religion is hierarchical.

6:55am Although Taoist religion is hierarchical, it's a weak 'religion' compare to other major world religions. Free thinking is encouraged.

7:28am Quanzhen (all true) is a major school of Taoist religion: http:// t.co/KAStyqou22

7:28am Taoist religion is mutated Taoism. We focus on the original Taoism.

7:44am Taoism doesn't typically believe heaven after death or reincarnation. The goal of practise is becoming blissful/eternal glory in this life.

6:21pm RT @InterfaithRam: FAQ The Basics: What is Taoism? What is Tao? What are considered virtues in Taoism? @TaoismNetwork http:// t.co/yGrVOGYvpV

6:31pm Taoist keywords: Holism, Altruism, Cooperation, Compassion,

Love, Nonviolence, Inclusion, Anti-discrimination, Justice, Science,

6:32pm Taoist keywords: Connectivity, Community, Ecology, Reverence for Life, Health, Ancient Wisdom, Truth Seeking,

6:36pm Taoist keywords: Grassroot, Decentralization, Matriarchy,

Animal Rights, Anarchy, Statistics, Introversion, Green, Sharing, Open source

7:40pm RT @sPeeDeeBee1: @TaoismNetwork shares images of Taoist Temple: http://t.co/ekp0xiZEDV

#### Sun Aug 24

12:33am New edition of our CD ( http://t.co/8hRiDUZW8c ) has new FAQ, 8 more MP3 of meditation music, one more film and many more images.

#### Thu Aug 28

5:54am Have you heard of cob house? The natural/taoist building made from earth and strawbale. Cheap and fun to build http://t.co/ ZsLiGzxLKU

6:04am Uncontacted people in Amazon rain forest live in harmony with nature.

6:06am Nature is not the enemy that humans should fight. Nature is the mother of humans and other lives.

6:09am Nature has temper, learn and follow the temper. Don't fight against it, because humans can never win. Any victory is humans illusion.
6:17am Equality of lives doesn't mean sameness. It is a opposite state of hierarchy. Imaging you press down a pyramid until it is flat (equality).
6:19am Taoism believes all things in the universe are equal, not only lives. Because everything is the child of Tao, the universal rule.
6:35am Question you may be asked by a Taoist sage: how do you know rocks do not have mind/thoughts?

6:39am A Taoist training: ask yourself one by one: Do non-human animals have thoughts? What about plants, rocks, planet Earth, and the universe?

#### Fri Aug 29

7:22pm RT @LightworkerNews: @TaoismNetwork ty4flw. Lk4wrd2yr #TaoismNetwork #Taoism clearly explained - #Cairns #Australia http:// t.co/hhxbAGo6Gv...

#### Sat Aug 30

6:19am Animal rights in Taoism: When Zhuangzi was dying, he happily imaged his body parts transforming into the parts of rats and cockroaches.

6:22am What do you want to know about Taoism? Send us your interests, we will write about it. Find our email on the website: http://t.co/c1RmdlCCwu

#### Mon Sep 1

8:40pm Taoism has large influence on the philosophy of martial arts http://t.co/Xp8cJQNGux

#### Sat Sep 6

11:58am Taoist health (Chinese traditional medicine): blockages of channels of human body cause diseases. To cure the diseases, open the channels.

#### Mon Sep 8

10:09am The principle of Taoist health applies to life in general: in Taoism, blockages are generally considered negative, connections are positive.

#### Tue Sep 9

10:17am @kchunk3030 you can have a look at FAQs on our website

#### Sun Sep 14

9:18am Tao Te Ching (Taoist text): True words are not pleasant/ beautiful. Pleasant/beautiful words are untrue.

#### Mon Sep 15

5:36pm Science and Taoism are pretty much the same thing. The two are different names given to the truths seeking process by the East and the West

#### Tue Sep 16

2:49pm RT @dichotomousthnk: @TaoismNetwork I think you may find that that DT at times interferes with the goals of Taoism

#### Wed Sep 17

7:38pm RT @marieta161: Taoism Network, Cairns, Australia - Contacts http://t.co/I3heSOog22

7:38pm RT @pedrop8: What is Taoism? Taoism Network, Cairns,

Australia - FAQ http://t.co/xrO318v18t

7:47pm #Bitcoin is a hot digital currency, the philosophy is Taoist: decentralization, diversity... Learn more at: http://t.co/HtE8kqMCRf

#### Sat Sep 20

12:26am Sages must have great compassion and responsibility. A sage worries about troubles before everyone else, is happy after everyone else.

#### Wed Sep 24

4:08am Three people walk together, there must be a teacher of mine among them.

#### Sun Sep 28

4:36pm Bad turns into good. When fate leads you to the path of a sage.
It first gives you extraordinary difficulties as training.
4:44pm I-Ching predates binary code by as much as 5k years,and gives us reason to question our faith in digital technology http://t.co/IGDTzNkakf
4:51pm I-Ching (AKA the Classic of Changes) is a book about Taoist science (computing/math) http://t.co/GJDDc9z8QO
4:59pm If you retweeted us, we offer you a copy of our CD for free (see site). Pls send us your ID by email if you did not get your copy
5:07pm Taoism Network offers several courses about Taoism and Chinese language. Please contact us for more information.
5:07pm Taoism is heavily intertwined with the culture of East Asia.
The best way to learn Taoism is to study ancient Chinese languages and culture.

#### Mon Sep 29

8:18am RT @Wilde\_Gnade: @TaoismNetwork I studied the history of Asian art and became in love with Taoism because of it

#### Tue Sep 30

3:27am Knowledge of I Ching was past down from prehistory. The binary science is the wisdom of an ancient civilization3:33am Taoist text I Ching is the oldest Chinese Classics. It's a book about fortune-telling.

5:32pm We offer fate prediction services (I-Ching, Zodiac, face reading etc) based on Taoist science. Ask a question about your life 4 about \$20

#### Wed Oct 1

5:08pm We developed an web tool, so you can DIY I-Ching (prediction, fortune-telling) online for free, check it out now: http://t.co/LAmehn14Ir
8:57pm Relationship of planets(Wu Xing) and organs: Venus-lung, Mercury-kidney, Jupiter-liver. Mars-heart, Saturn-spleen
8:58pm If u understand evolution, u can c why stomach, intestines aren't considered organs in Taoism: Like skins, they r inner wall of body.
9:16pm Many animal settings(No.of organs,senses,tastes)are 5, Because the 5 planets have most gravity to earth, They create 5 dimensions of life.

#### Thu Oct 2

2:50am The scientific base of I Ching prediction: http://t.co/LAmehn14Ir 3:19am @TaoismNetwork Humans evolved from tube like creatures with inner wall and outer wall. We keep the body pattern even today 6:00pm The Tao of Physics is a book explains the great similarity of modern physics (quantum theory) and Taoism http://t.co/cMVDsndmqQ 6:51pm Taoist medicine: Wu Xing means the five elements or five planets. The planets link to human organs.

7:07pm Have you tried web tool 'DIY I-Ching' ? You can perform authentic predictions of I Ching with it. It's free to use http://t.co/ LAmehn14Ir

#### Fri Oct 3

6:19pm We offer free I-Ching consultation today, normal price is \$20 per question, Send us your question by email (see our website).
6:20pm Some Taoist Festivals http://t.co/fsjo64aaZ0
6:25pm Taoism often uses Chinese calendar. It's based on cycles of the lunar phases. http://t.co/hI7j7amR59

#### Sat Oct 4

7:27pm Taoism encourages vegetarian diet. Here are some restaurants that offer vegetarian food in Cairns http://t.co/uBPtnwhgzF

7:33pm Taoism encourages people building long terms relationship with others.

7:39pm English cultural considers past as Ying (passive voice), Taoism considers past as Yang, future is Ying

7:43pm Taoism has a different view about time: it does not have strong sense of directionality for time. Past,present,future are one instance 7:45pm Ying and Yang are two opposite characters of things. Ying is associated with female, Yang is associated with Male.

7:49pm We updated our web tool for I Ching, now it has more functions http://t.co/LAmehn14Ir

7:53pm RT @adrd12014: Discriminations are often cultural invasions to other groups from a more aggressive group

#### Sun Oct 5

9:01pm Taoism is a major source of Chinese culture.

#### Wed Oct 8

8:40pm JinXian temple in China, is the origin of Taoist religion of Korean. The temple belongs to Quanzhen school of Taoism http://t.co/ Op0PKUxxIY

8:52pm The four black symbols (Gua) on the national flag of South Korea means: Heaven, Earth, Fire and Water http://t.co/J4iN79CkUw9:02pm Taoist principle: Extremes meet. When things go to one extreme, they must bounce back to the opposite extreme.

#### Fri Oct 10

7:31pm RT @MailOnline: China 'overtakes U.S. as the world's largest economy' http://t.co/g6BYJSgTrK

7:39pm I Ching prediction is Tarot in the east. The difference is, I Ching prediction is much older, from 'prehistory' http://t.co/LAmehn14Ir 10:23pm 'Compendium of Materia Medica' is the classic of Taoist herbal medicine. It includes more than 10000 prescriptions: http://t.co/ MpUJvLZ0aH

10:36pm 'Compendium of Materia Medica' was authored by taoist scientist 'Li Shizhen' in year 1578 http://t.co/JwVUOB44Yl

#### Mon Oct 13

11:44pm Qigong means life energy cultivation. It is known for the medical functions and supernatural abilities: http://t.co/EjPbYp1nvu

#### Tue Oct 14

2:14am Qigong is sometimes called Chinese yoga

2:19am http://t.co/oabR5KjbPi A nice video of Taoist music, martial arts and religion.

#### Wed Oct 22

5:15pm Take things slow. Don't rush

#### TaoismNetwork's Twournal

#### Sat Oct 25



7:18pm White Cloud Temple (Beijing) http://t.co/nAQd6lzezO welcomes friends of Taoism Network, Temple manager Master li said http://t.co/ QWcRHWAUjr

9:01pm I-Ching consultation of Taoism is the Tarot of the East. But the method is from prehistory. We provide free training of I-Ching consultant

9:05pm Taoism is a part of Chinese languages. Many common phrases are from Taoist literatures.

#### Sun Oct 26

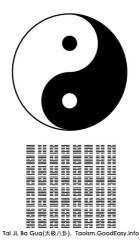
6:59am We can connect you to authentic Taoist temples, priests, scientists and herbalists. Contact us for more information.

Tue Oct 28

8:40pm White Cloud Temple (Beijing) was first founded in year 739 during Tang dynasty (early Middle Ages in the west) http://t.co/ nAQd6lzezO

Fri Oct 31

3:16am If you live in Cairns, you can request a booklet of Cairns node for free. Contact us for more information.



6:46am TaiJi BaGua symbols attract harmony. Download, print this poster, hang it on your wall. http://t.co/NJdZGfm9gN http://t.co/k3MtLAxDkS

5:34pm Our interview of Daniele Bolelli ( @DBolelli ), the Drunken Taoist. http://t.co/KiHfWQ3NbU

11:32pm Pick up our free booklets from Jen's Spirit Gifts (4/47 Shield Street, Cairns, last block before Cairns central, next to Scooter Hire)

#### Sun Nov 2

1:02am The ultimate truths are difficult to articulate in precision. There are ambiguity and inaccuracy of human expression (languages, math etc.) 1:03am Taoist temples are called Guan (观). Guan means observing in Mandarin, Similar to scientific research, observing is important to Taoism 5:08pm We provide free Taoist education to people. If you donate to us http://t.co/z7InVImdYV, u get our \$10 CD (http://t.co/scLPGvLxCm) free

5:12pm Recent events of Taoism Network http://t.co/h0PTzUhYX3 5:51pm Taoism values a society that is based on assuming good faith, cooperation, reciprocation, random act of kindness. Utilitarian is not Taoist

5:59pm We are seeking funds for booklet distribution. If you like our tweets, pls consider donate \$1 here http://t.co/z7InVImdYV

6:03pm Non-action principle of Taoism isn't equals 2 do nothing. It means do things naturally as if you don't have an intention, just like instinct

6:21 pm Humans aren't superior to other life forms http://t.co/

RyxBuOu9HW

6:26pm @Minichat Yes, Wu Wei (无为) is the non-action principle in Mandarin.

6:30pm If you are introverted. You are not far away from Taoism. Taoism likes introversion.

6:33pm The favourite colour of Taoism is probably Green. Taoism shares similar views with the Green movement.

6:38pm Taoism is not an unpopular religion. It's a philosophical system. Many are Taoist, but they don't call or aware themselves are Taoists 6:55pm Physicists are working hard at finding a equation that describes the theory of everything (Tao). According to Taoism, it is impossible.
7:06pm RT @jkbloodtreasure: this guy's funny "I can't pick between On the Warrior's Path and Create Your Own Religion" http://t.co/ST7W5QaAnY

8:12pm Over the past 10-5 thousand years, humans had superficial advancing of technologies. but aren't getting any wiser on the big picture.8:16pm Evolution of life doesn't imply direction and hierarchy.Organisms r fit for the environment. No life forms r superior than the others.

8:23pm Did you read our new FAQs of Taoism? Understanding Taoism only takes 1 minute http://t.co/Xp8cJQNGux

8:31pm Zen Riddles help break the 'logical thinking' and move people to Taoist type of thinking. Here are some riddles http://t.co/DhuJV7ZSra
8:37pm We usually avoid mentioning our qualifications and titles because this behaviour is hierarchical, thus, not really Taoist
8:40pm A true Taoist don't believe magic/special points/people in development/history. Everything is gradual and collective efforts.
8:43pm Things like 'premiere', 'news' are not very Taoist. Nothing is really 'new' equilibrium is eternal. Every point of reality is equilibrium
8:57pm Taoism is opposite to territorial behaviour/thinking. Examples of territorial thinking include: any classification and grade system.
9:17pm Thank Maurizio for sending us \$10, the largest donation so far. Donate online here: http://t.co/z7InVImdYV ... \$1 \$2 are appreciated
9:40pm Taoism not only respects elders, it also worship ancestors

#### Mon Nov 3

3:00pm RT @WhiteFeather9: Transformation Now Newspage is out!
http://t.co/BCiwdaY3wp Stories via @TaoismNetwork
3:15pm Taoism's view of the universe differs from classical mechanics:
there isn't an absolute reality(time,space), reality depends on observers.
3:19pm Einstein's relativity shares similar view of Taoism in terms of the observers: both consider time-space is relative to the observers



4:27pm You can now buy our multimedia (film, music, book, art) CD of Taoism on our website: http://t.co/scLPGvLxCm \$10 http://t.co/pDz5hCizrs

#### Tue Nov 4

1:33pm RT @NollieHero: @TaoismNetwork From my point of view it seems as if everyone has a different-sacred-view or reality and perception, which i... 1:43pm Taoist universe is eternal: There is no apokalipsis and end of the world. Taoism believes people can be moral without threats 1:46pm Human are social/moral animals. Taoism believes being moral is part of human nature. a part of Tao. Moral and Tao are both '道' in Mandarin.

2:16pm Taoism enphasises the power of yourself. You inside.

2:22pm Taoism does not believe human-like Gods. However it believes the universe follows certain rules-the Tao, you can call Tao some sort of God.

3:03pm Taoism is critical of anthropocentrism (human-centered worldview), it believes every things in the universe is equally important 3:11pm Taoist alchemy is the counterpart of chemstry in ancient China http://t.co/K4RGZIOW5E

3:28pm The two tails (left side and right side) of normal distribution (http://t.co/dm6UTtLBTs ) are Ying and Yang in Taoism.

3:55pm RT @adrd12014: Everyone is getting old. Age discrimination is unintelligent.

3:56pm RT @adrd12014: If you do not understand humans discrimination against other life forms, you do not fully understand discrimination: http://...

3:56pm RT @adrd12014: Language is fluid, grammar police/nazi is a form of discrimination: http://t.co/MivYWyrZEb

3:57pm RT @adrd12014: Matriarchy is not mirror images of patriarchy(females rule males). Matriarchal societies r peaceful and egalitarian: http://...

5:37pm If you are in Cairns, you can join our group buying of products/ services of natural living, such as spirulina, essential oil, herbals etc 5:44pm Taoism likes community and sharing http://t.co/2RWXQzczfySharing increases the efficiency of resource use6:04pm We like Holocene calendar better http://t.co/akn1sR32so



6:38pm Taoist companion animals, common ones http://t.co/ g8IFwiLFTY

Thu Nov 6

3:05am You can pick up our free booklet of Taoism and I-Ching from Crystal Ball Bookstore (91 Grafton St. Cairns)

#### Taoism Course of TN



4:46pm Quantum physics: Taijitu represents the atomic 'structure' better than the planetary model. Imagine Taijitu spins. http://t.co/ eqKYMI1uOw

4:56pm Particle physics is problematic at fundamental level.

Experiments, quantum physics and Taoism show reality is a field, not indivisible units

5:18pm Facts of China, home of Taoism: China has the largest population, bank, political party, telecommunications equipment maker in the world.

5:27pm Facts of China, home of Taoism: Mandarin Chinese is the most spoken language in the world. China is the nation with most internet users.

#### TaoismNetwork's Twournal



5:32pm We are getting this Taoist gift from a 2k-year-old Taoist temple, http://t.co/M6v2rzGzWS



5:32pm We are getting this Taoist gift from a 2k-year-old Taoist temple, http://t.co/UyNtHPba3d

#### Taoism Course of TN



5:33pm We are getting this Taoist gift from a 2k-year-old Taoist temple, http://t.co/849ObwlJvU



5:33pm We are getting this Taoist gift from a 2k-year-old Taoist temple, http://t.co/Iq1Z3ZRtEt



5:34pm We are getting this Taoist gift from a 2k-year-old Taoist temple, http://t.co/b3kAmWYqR1



5:34pm We are getting this Taoist gift from a 2k-year-old Taoist temple, http://t.co/03wBbI1ZGu



5:35pm We are getting this Taoist gift from a 2k-year-old Taoist temple, http://t.co/v2TAb8179i



5:35pm We are getting this Taoist gift from a 2k-year-old Taoist temple, http://t.co/weqjwrZDEf



5:37pm We are getting this Taoist gift from a 2k-year-old Taoist temple, http://t.co/D25MLmus5X



5:37pm We are getting this Taoist gift from a 2k-year-old Taoist temple, http://t.co/vAtxyuX5Ov



5:38pm We are getting this Taoist gift from a 2k-year-old Taoist temple, http://t.co/pYSRcOLxCI



5:40pm We are getting this Taoist gift from a 2k-year-old Taoist temple, http://t.co/S9uJALZSaa

11:01pm @Gothknits many of our tweets are censored, do you know the reason? Here is an article about this http://t.co/ZjAsyP08mM

# Sat Nov 8

12:15am RT @Wilde\_Gnade: "@TaoismNetwork: [Taoist religion] Images of life at temple http://t.co/KEiX0OxEHH http://t.co/ S6LAOCBkBJ" I would do ANYT...

12:16am @Wilde\_Gnade you can go there, food and accommodations are free

3:53pm @Wilde\_Gnade It's on the mountains: http://t.co/kKSwAYrKke 8:19pm @Wilde\_Gnade you can just google it. Here are some http://t.co/ FOkQ0iLEJG

## Sun Nov 9

6:38pm Brahman (http://t.co/RGPnO90Tbi) of Hinduism is Tao (http://t.co/fyn2Xlr5CQ) of Taoism

# Wed Nov 12

5:28pm Utilitarian is not compatible to Taoism: Taoism is long-term, holistic. Utilitarian focuses on short-term, small group interests.8:57pm Honesty is very important in Taoism. A major school of Taoist religion is called 'All-Real'.

# Thu Nov 13

12:05am Śūnyatā/emptiness/dharmakaya of Buddhism is Tao ( http:// t.co/fyn2Xlr5CQ ) of Taoism

12:11am English translations of the classic Taoist literatures are dry. Because ancient Chinese writing contains complex and suggestive information. 5:18am Selfishness and short-term thinking are strongly discouraged by Taoism.

5:19am Cat people are usually more Taoist than dog people.

5:23am Utilitarianism is unpopular among Taoists because of it's shortterm thinking and small-group interests.

5:23am RT @\_Erwin: True :) "@TaoismNetwork: Cat people are usually more Taoist than dog people."

9:38pm You can pick up our free booklet ot Taoism and I-Ching at Cairns Spiritual Center (1/194 Spence St, Cairns)



10:13pm Taoism Network offers free consultation of Taoism to people in Cairns. Booking email: Services@Taoism.GoodEasy.info http://t.co/ W9ILXaU9VE

# Fri Nov 14

11:59pm The sense of possessing ego is an illusion. You are different everyday (body material/experience/environment). There isn't a fixed you/ego.

# Sat Nov 15

1:39am Regional green directory: the Green Light Guide to Cairns and Far North http://t.co/RjTIpvzi5f Taoism is Green
12:25pm RT @WhiteFeather9: Transformation Now Newspage is out! http://t.co/JUDmvqWDpw Stories via @TaoismNetwork



2:56pm Symbol of Taoism shows major Taoist views: Evolution/ Changing,Relativity/Unity,Extremes meet: http://t.co/teFzQWQ8GH http://t.co/jcG1tZfSr7

11:42pm Tao of Taoism ( http://t.co/fMuslHTQmY ) is similar to Dreamtime ( http://t.co/4Pz5YmWV6B ) of Australian aboriginal belief.

Tue Nov 18

6:40pm Pick up our Wisdom Box from Crystal Ball Bookstore(Cairns)for free. Content of the box:meditation kit, films, CD, visual intro of Taoism... Thu Nov 20



3:47pm What is the Tao of Taoism? What does the Taoist symbol, Taijitu, stand for? http://t.co/Jfajol3nTI

# Sat Nov 22

7:49am RT @jeanjeanw5: @TaoismNetwork Traditional Taoism was a lived philosophy of life that expressed awareness of intellect and emotion moving e...

# Wed Nov 26

5:38pm @StefanThomas7 @TaoismLover @TaoismGuide You can visit the temples. For example this one: http://t.co/Hn8gxCEU3t 6:12pm RT @Bitcoin\_Cairns: Get our leaflets: print the 3 webpages on A4 papers, 2 pages per side. http://t.co/MT3LSrVGpO http://t.co/ N8SLFRK08P ht... 6:12pm RT @Bitcoin\_Cairns: U can start using bitcoin with http://t.co/ jxmMWFNhIM signup a free wallet,get ur address. C example of paper wallet ht...

# Thu Nov 27

3:17am @StefanThomas7 @TaoismLover @TaoismGuide yes, you can. Food and accomdations are usually free. Our contact person lives in the temple.

# Mon Dec 1

1:40am Rain water is highly valued in Taoism. It is considered the most natural/healthy source of drinking water.

10:54pm Green vegetables are delicious. They should be the main part of your diet.

# Tue Dec 2

12:42am People consult I-Ching often find the readings are very relevant to their questions. DIY I-Ching on our site free: http://t.co/umUSdtdgfJ 8:14pm Tao of Taoism ( http://t.co/fMuslHTQmY ) is Ik Onkar ( http://t.co/Oei9cchiy2 ) of Sikhism





5:14pm Free Taoist gifts, such as I-Ching tools, bags, wrist bands 4 Cairns people. Call us 4 more info. Happy holidays http://t.co/ i324MdVa6w

# Thu Dec 4

8:31pm You can buy our Taoist gifts from Jen's Spirit Gifts and Healing Centre : 4/47 Shield Street, Cairns, Queensland, Australia. Open 7 days

## Fri Dec 5

6:10am Your illness (symptoms, discomfort etc) is not your enemy. It's your body (parts) begging for attention. Give them care and compassion.

## Sat Dec 6

12:34pm Version 3.0 of our FAQ is released http://t.co/teFzQWQ8GH Content of Taoist organisation, connectivity and blockage were added

#### Mon Dec 8

4:30am If possible, try not eat or eat very little after 12 AM

4:39am Fasting does not mean you cannot eat anything. You can drink juice. It give your vital organs chance of self-repair.

4:42am Senses of babies are quiet different from older humans. Do not assume babies are unreasonable. They are reasonable in their way.4:45am Practising Taoism helps you find the real you: when you were

fetus, before you received cultures

4:54am In Taoism, age is often calculated from the point of insemination, not the point of birth. So the Taoist ages are usually about 1 year older

4:58am Earlier birds are healthier. Be earlier birds. Do not stay up late.

#### Tue Dec 9

3:00pm Sea bathing is good for health.

3:45pm Mind is everywhere in ur body, not only in your brain. Taoism attach importance of the role of heart in ur mind. Brainless humans have mind.

3:51pm Lifeforms without a brain, such as starfish, or plants, have mind/ souls. Just the mind/souls are different from ours.

5:19pm Your own sweat is good for your skin, better than commercial cosmetics or skin care products.

#### Wed Dec 10

12:18am Use natural alternatives of household chemicals. Most can be replaced. We know how.

12:37am Taoists are better at multitasking

2:15am How-to of Taoist enlightenment:whenever u c earthly opposites/ independents, try 2 unit them in higher dimensions,c from "Gods' viewpoints"

3:37am Determination of death is holistic in Taoism. It is not based on the failure of single organ , such as brain or heart
9:33pm The left side of head (face) & right side of the rest of the body is more masculine in most humans. So we have the term 'right-wing'
9:36pm Right-wing politics is more masculine than left-wing. Just like right side of human body are often more masculine than the left side.
9:38pm Your body is a small 'universe'. Your personality is the interplay of Ying (femaleness) and Yang (maleness) in your body.
10:02pm The longer second toe suggests a Yang personality that adapted to a harsh environment. http://t.co/7eXCNfPAeO

10:35pm Jesus may be influenced by Eastern thoughts, spent his missing year in India, Documentary 'Jesus in India' http://t.co/9Zh9xZz2PW
11:18pm Eat as much raw as possible. Don't go raw with animal products - avoid animal products.

#### Thu Dec 11

10:48pm If you donate to us you will get our multimedia CD of Taoism free http://t.co/z7InVIDP6Z

10:50pm If you are in Cairns. We have Taoist gifts for you. Call us for more information.

# Fri Dec 12

12:44am Often, mental suffering is a signal that u have misunderstanding of ur reality. Taoism help you clear illusions & c ur reality better

12:51am The Taoist concept of relativity applies 2 time. Time is not absolute, universal, directional. It is subjective experiences of observers 1:08am Why you consult I-Ching the same question again, get different answers? I-Ching answers the present situation. Your situation has changed

1:17am I Ching is pronounced as #i : #d ŋ.The original Chinese name is 易经. Listen the Chinese pronunciation here https://t.co/aJ5u3NRdRV

1:29am Physicist Niels Bohr http://t.co/zNeS6NvrWj used Taoist symbol for his coat of arms to show the agreement between quantum physics & Taoism 4:10pm Causality is illusion. Events are on a web/network of relationships. You cannot say A causes B, because B is also linked to C,D,E,F...

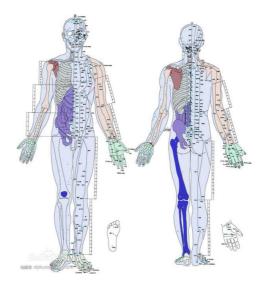
4:27pm When you unit time and space in a higher dimension, you will see there is no fixed object. Any object you see is an event.

## Sat Dec 13

1:08am Do not expect the world would change for us if we cannot change ourself. The change starts from within.

#### Sun Dec 14

10:20am Taoist concept 'Qi' (气) = energy. Einstein's E = mc2 agrees to Taoism that matter is a form of energy (Qi). http://t.co/EjPbYpSaTG 4:14pm Our name shows the fundamental view in Taoism that the universe is a NETWORK of relationships at all levels:social,ecological.subatomic...



9:53pm In Taoism, meridian is the network of(main)channels of body energy,qi. Acupuncture points r switches of the channels http:// t.co/2vNCrM2UIG

10:00pm Assuming good faith of others is wise. Often, nice people assume others are nice; mean people assume others are mean.10:18pm Contrary to popular belief, bad breath is a holistic problem of body,not only a dental problem. Raw vegan diet helps, mouth can 'self-clean'

## Mon Dec 15

1:38am Often, overweight is a mental problem of insecurity that one may not aware. Treat the mind first. Stop waste time and money with drugs

1:45am S-matrix of Quantum physics http://t.co/ZOLtcTwYlh correspondents to I-Ching of Taoism http://t.co/LE7ArO2cRn2:07am Human bodies have a horizontal symmetry. It is less obvious,

but important to energy channels in your body. The axis lays across your waist.

11:21pm #Bitcoin is a decentralized currency. Taoism likes decentralization

11:22pm RT @Bitcoin\_Cairns: Article from Forbes: Microsoft Begins Accepting Bitcoin For Purchasing Digital Goods http://t.co/ Ha6Tnp5QV8

# Wed Dec 17

5:48pm U r an energy cluster that has unlimited connections with the rest of universe. Ur physical body is a part of you, the 'deposit' of you

5:53pm You are defined by (your relationships with) the rest of the universe.

6:09pm Experiments have invalidated 'indivisible units' of universe 4 abt a century. But the use of misleading term 'particle' continues. #Quantum 6:50pm Easy how-to of Taoism, suitable for most people: Cover you left eye when you do things at home. Only use your right eye as much as you can

6:55pm For most (right-handed) people left eye is the Yang eye. Right eye is the Ying eye http://t.co/ToB82EkQpF

9:52pm Fidelity is important in Taoism. Statistics shows second or later marriages are much more likely to end in divorce http://t.co/ KoDcogjAOz

## Fri Dec 19

12:55pm Religious Taoist people usually greet each other by saying 慈悲. It means mercy, Listen the pronunciation here https://t.co/ nOxlmF0NHH

5:06pm We avoid post tweets that have similar information. Don't miss out our old tweets. We cover different aspects of Taoism

5:22pm 'Taoism Is Environmentalism' http://t.co/IDTwuZJXQ0

6:00pm Taoism does not justify immoral behaviours & utilitarianism.

Common meaning of Tao (道) of Taoism is morality in Chinese. See FAQ on our site

6:28pm Religious tolerance: Taoist religion is open about who they worship. In the USA, Jesus, Buddha (Buddhism) are worshipped in Taoist temples.

#### Sat Dec 20

11:38am Massage is acupuncture without needles. Both r based on the stimulation of acupuncture points (switches of energy channels) of your body.

#### Mon Dec 22

4:32pm Follow the rhythm of nature. The best time for sleep is around 9PM to 4AM

#### Thu Dec 25

3:56pm Diabetes is linked to excessive Yang (male behaviour pattern) lifestyle

4:04pm Acupressure is similar to massage. It is a non-invasive form of acupuncture that you can DIY: http://t.co/MIIPh4mWXO

#### Mon Dec 29

2:26pm Often, the evolutionary purpose of pain is stimulating you to massage the painful parts. The massage is called acupressure in Taoism.2:34pm [The Taoist taste] Sour food such as limes and vinegar are good for detox and regeneration. They protect liver.

2:54pm Vegan how-to: if you like the creaming flavour of animal products, replace them with coconut cream or avocado. They do the same to the taste

3:02pm Meat consumption is linked to many diseases. You can reduce the consumption easily: use meat/seafood as seasoning, not the main part of meal

3:24pm Mushrooms r closer relatives of animals than plants in evolution, so they r good replacement of meat: the taste/nutrition r similar to meat 10:34pm Tropical fruits are usually very nutritious.

# Wed Dec 31

2:14pm Today is January 1, Year 12015 of Holocene calendar http://t.co/ akn1sRkDAs. Happy new year

# 2015

#### Fri Jan 2

3:15am 10 hours Taoist music http://t.co/7obbdGNNTU You can use it for meditation

5:27pm RT @HakimAbdi: We are in the Chinese era. Get used to it: "Ruble Swap Shows China Challenging IMF as Emergency Lender http:// t.co/TJe8Gol1Z...

#### Tue Jan 6

2:50pm RT @chacarock: @TaoismNetwork People assume bad intentions because they would do it so
4:31pm Being moral is intelligent, large surveys show this: http://t.co/Mlv21Xintb Mean people are usually very insecure for worrying
4:41pm Be careful when someone tells you how he tricked other people. It is not necessary a gesture of friendship, You may be the next victim.
4:49pm Many household cleaning (laundry, dish, surface...) can be done with help of baking soda(a mild form of 'soap'). Avoid hash chemicals.

5:00pm Deception management(prevention, detection etc.) wastes many resources. Everyone loses from the waste. Honesty is at the centre of Taoism.

5:06pm Faking in social life is not that clever: most people can tell when others are faking. Humans are evolved to detect deceptions.

5:10pm Karma explained by Taoism: collective impact of many small things can add up to large results. Do not ignore the 'small'

5:15pm Selfish group is often self-destructive: the members tend to exploit other members in the same group too.

5:31pm Letting people understand the benefit of being moral is more important than adding more laws in the society. Taoist text does not like laws

5:40pm Darwin: 'human history shows that a co-operative spirit is not only natural to men, but more deeply rooted than any self-seeking tendencies'

5:52pm Utilitarian morality is not appreciated in Taoism. Taoism likes kindness without a 'motive', such as random act of kindness.

6:51pm RT @VeganNewsNet: @TaoismNetwork TY for sharing to create a Cruelty Free Vegan World. Shared http://t.co/GLbjHqr6tX
7:05pm Avoiding being hierarchical is a key aspect of Taoist philosophy/ behaviour. Even Taoist religion is not very hierarchical.

7:11pm Large number of people in the East Asia follow the original Taoism: the Taoist philosophy (atheists), not Taoist religions.

7:22pm Taoshis (Taoist priests) can be atheists and worship/respectTaoist deities (such as author of Taoist texts) at the same time7:30pm Hierarchical people do not understand Taoism. You don't needthem teaching you about Taoism. Good 'teacher' help you restore freethinking.

7:36pm Real Taoist 'teachers' often tell people things like this: 'don't have blind faith on anyone, including me'. We'd like to tell you the same 7:56pm Taoism loves diversity: http://t.co/tiwXXLGDZF

8:14pm Taoism does not like pranks, in particular those use the good intentions of people.

8:24pm 'Why do I need authorities? Because I cannot think by myself?'8:26pm Independent thinking is not something everyone can afford, especially for people who does not like to think.

8:37pm Example of extreme meets: if a kid is addicted in gaming, let him play for long period of time non-stop, he would have enough & stop totally

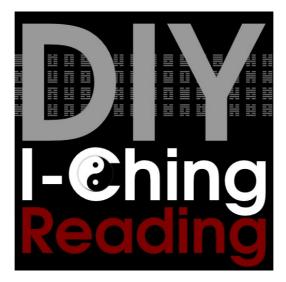
10:51pm Our web tool 'DIY I-Ching' teaches I-Ching reading free. Method of I-Ching reading was past down from prehistory : http://t.co/ LAmehniFQv



11:51pm RT @brightontaichi: RT @chinaorgen: #Foreigners flock to #Taoism for natural balance http://t.co/xCF9XfUZeG http://t.co/ USjWvwgN2U 11:58pm Google 'Taoism twitter' you can find us

Wed Jan 7

12:02am Peer to peer systems (P2P) are in a good agreement to the philosophy of Taoism



12:41am If you have not tried I-Ching reading, you do not understand Taoism. DIY I-Ching reading here: http://t.co/LE7ArO2cRn http://t.co/ P8crKIp3eO

2:41pm Chinese language especially the writing system is a major part of Taoism: http://t.co/siYfItDPTt

2:52pm Social Darwinism betrays Darwin. Darwin believed cooperation is more fundamental in human nature than selfishness: http://t.co/ b5NxkATup5

2:57pm The author of 'The Selfish Gene' actually c morality a better evolutionary strategy than selfishness.Misleading title:http://t.co/0R8QPdTZuv

6:09pm Power of being soft/receptive: The Taoist Chinese were conquered many times in the history, but all the invaders assimilated into Taoism

8:36pm Useful essential oil you should have at home; lavender oil(general skin care)& tea tree oil (antiseptic,antimicrobial).Avoid harsh chemicals

#### Thu Jan 8

6:40pm Core of traditional medicines is advanced science, billions-year evolution gives organisms(humans etc.), self/natural medication abilities
7:02pm Brags are usually signs of lack of confidence: not feeling safe of revealing true qualities. Honesty is associated with confidence
7:41pm 'Big data' gives strong support for the evolution of moral behaviours in human. Moral groups are better off in the long run.
8:02pm MSG is a recent addition to Asian foods. The original Taoist food don't use any MSG. Non-traditional additives are usually avoided in Taoism

#### Fri Jan 9

1:01am Soys were nutritious source of food in Taoism. Unfortunately most soys in the market today are genetic modified. Stay away from soy products

1:07am You can make your all-natural soap at home. Search 'soap making' online there are many results. We make our own soaps.1:12am You must read ingredients before you buy any food, chemicals etc. Don't be deceived by good-looking package. What's inside is more important

1:16am John Muir, pioneer of environmentalism in USA, was called 'the Taoist of the west' https://t.co/jfLJ7Fayld

4:05pm RT @dichotomousthnk: @TaoismNetwork DT is the remnant of our evolutionary past. It is the single greatest barrier to a co-operative spirit.

4:07pm @dichotomousthnk it's part of territorial behaviours

4:21pm Aromatherapy is effective in reducing stress in our experiences.

Buy a small bottle of essential oil of your favourite scent & smell. Simple

4:31pm Founder: I don't 'practise' meditation (at certain time of day). Meditation is like my default mental activity 24 7.

7:41pm We do not mention Taoist text and the authors often. Because, text-worship is a form of hierarchical behaviour. Taoism does not like dogma.

7:50pm Don't worship Taoist texts like the bibles:1) Taoism avoids dogma/hierarchy 2)essence of Taoism cannot be articulated/documented clearly

# Sat Jan 10

4:08pm Guy: I know all the natural health principles. I just can't stick to them. Taoist:That means you don't actually understand the principles 4:13pm Real natural health is living healthy voluntarily: You don't force yourself do anything, you intelligent mind choose to stay away from harms

4:18pm We help you understand that philosophy of healthy lifestyle is a natural choice. Natural living makes more sense.

4:22pm Philosophy of healthy lifestyle is holistic. It's to do with all aspects of the universe. Only studying some fields doesn't work

6:36pm Biosphere is an interconnected system. GMO contamination easily goes beyond geographic/species boundaries. Everyone is at risk.

# Tue Jan 13

4:15pm Relativity in Taoism: if I care the interests of my group extremely. It means there are groups/people I don't care extremely. Be kind to all

4:18pm Egalitarian people appear to not having very close friends:close is relative to distant.No one is really outsiders of own group for Taoists 4:24pm 2 sides of Möbius strip http://t.co/JM8Xpf9I3S r real life example of the unity of Ying & Yang in Taoism:independent of opposits r illusion

4:29pm Ouroboros, the ancient symbol of dragon eating its own tail, delivers the similar philosophical meaning of unity and relativity in Taoism.

# Wed Jan 14

12:58am Branching merging & evolution of humans: Taoism is not just Chinese culture. It's a preserved line of culture of common human ancestors

1:08am Many traditional/ancient societies around world share basic philosophies. They didn't create the philosophies, but got from common ancestors

1:19am Thinking about aliens in space is cool.But can u c that there r'aliens' on this planet: plants and other animals. Can u c they r people 2?1:22am Unlike the philosophy of some animal rights organisations/people, Taoist vegetarianism does not deny the sentience of plants.

3:11am Fruits in genus prunus (plums, peaches etc) and citrus (oranges etc) are delicious & nutritious. They are also good for home-made skin care

3:12am @theeltjv2 You are welcome. We can learn & grow together. There is no authority in Taoism

2:31pm RT @FestivalAsiaUK: Invite Asian related religious & spiritual institution joining in http://t.co/snUQlCQ20t @Shinto\_tan @shintoudaichi @Ta...

5:23pm A hierarchical system only can maintain its shape when population size is small. Large population links to decentralization of the structure

5:47pm Good taste was evolved to be an indicator of good nutrition. But food additives nowadays abused the evolutionary function. Eat naturally.10:20pm Misconception of Taoist texts:Many think Tao Te Ching (400BC) is the 'bible'. But I-Ching (from prehistory) may enjoy more respect in Asia

#### Fri Jan 16

8:59pm Taoist/Chinese New Year is on February 19 in 2015

#### Sat Jan 17

3:25pm RT @PRTVGirl: "@TaoismNetwork: Taoist/Chinese New Year is on February 19 in 2015" My birthday! #2holidays #2reasonstocelebrate #newyear

#### Sun Jan 18

6:37pm 'The Tale of Neipasomos' story of evolution and animal behavior.http://t.co/r9TnetVpP2 watch the cartoon by Chrome or Firefox

10:28pm Taoist religion (mutated Taoism) has Three Pure Ones (some sort of deities). They represent oneness, Tao(order of the universe) and morality

# Mon Jan 19

3:06pm RT @jamessturtevant: @TaoismNetwork A Taoist Walk in the Woods http://t.co/AvvkN2R8os



4:58pm RT @GreenFilmDwnld: Download 'The Superior Human? (2012)' : http://t.co/rbQbiwjqti only 2 USD http://t.co/9OnBhZNvhn

# Tue Jan 20

2:20pm There are many ways to be one with the Tao (practising Taoism). People do scientific research holistically are practising Taoism 2:30pm Internationally Taoist philosophy is more popular than Taoism religion. The Chinese of Taoist philosophy is 道家思想. We focus on the philosophy 4:11pm Ein Sof of Kabbalah (mysticism in Judaism) is Tao in Taoism: http://t.co/ph1VovcTeX

5:52pm For most part of the history, Taoism was a matriarchal philosophy that is against dogma, Taoist religion is a patriarchy mutant

# Thu Jan 22

5:35pm Green fruits and vegetables can help you recover from the damages caused by industrialized pollution

10:24pm The life expectancies of the Taoist nations (such as China,

Japan) are generally longer than regions with similar economical standards.

10:39pm Yang (male) type behaviours (aggression, domination, selfishness etc.) are associated with shorter life span. Females often live longer

# Fri Jan 23

2:03am Don't believe people who advocate selfishness. They are often (more) selfish -> Selfish people lie (more)-> Don't believe liars.

# Wed Jan 28

12:53am All online tools of I-Ching reading we saw use pseudo-random numbers of computers. That won't work. We offer authentic I-Ching reading free

5:31pm Contact the Chinese association in your city, take part in their celebration of the Taoist new year. The new year is on Feb 19 of 2015.

# Thu Jan 29

3:26pm Taoist/Chinese calender is based on moon phase. 15th days of months in the calender match the days of full moon. Today is 11th.

3:37pm Modern astronomical principles are foundations of the 4thousand-year-old Taoist/Chinese calender. A FAQ and intro : http://t.co/ i6vlY356If

Fri Jan 30

3:57pm A good TCM (Traditional Chinese medicine) doctor should be Taoist. Stay away from those who are hierarchical, overweight, aggressive...

Sat Jan 31

7:46am Females often find it is easier to track menstruation cycle with Taoist/Chinese Calender. Because it is based on moon phase.

	ge 2				ber 2014		January 2015					_	
м 29	onday	30	esday 9	We 31	10	1	2015 New year of	2	12	3	13	4	14
5	15	6	16	7	17	8	18	9	19	10	20	11	21
12	22	13	23	14	24	15	25	16	26	17	27	18	28
19	29	20 First o	day of the 12 <sup>th</sup> Taoist month	21	2	22	3	23	4	24	5	25	6

8:01am Taoist Calender for Taoist new year (free, A4 printable): http://t.co/hgemSc0MeN Donate to us http://t.co/Ohp2gBcThb http:// t.co/01a2f85S7J

# Sun Feb 1

12:30pm Gift for Taoist new year (19th of February 2015), multimedia CD of Taoism, free download http://t.co/pByMWXIwPo

# Tue Feb 3

1:27am Pride and prejudice are typical hierarchical behaviours. They are incompatible with Taoism.

2:18am Free/cheap things are low in quality is not always true. People may offer good things free/cheap because they are not selfish. Think.2:21am Expensive things are not necessary good for you. Very often

people bought is the illusion of ego. Open source software are often free & great

2:25am Big brands are territorial marks of people/groups. Selfish/ territorial behaviour are linked to branding. Why we judge products by the marks?

2:45am Equivalent of brands in the world of other animals: pee marks and poop marks. Sorry for ruining good image of branding

2:49am Among the popular operating systems. Ubuntu/Linux is Taoist: It's open source and free. Highly recommended.

2:51am In an ideal society. People help others without expecting returns.2:58am @bouquetf We are aware that open source is not always free.Your definition of free software is not universal. There are many kinds of free.

3:16am Main stream health information of daily limits of salt intake is bad science. It should consider water intake, the concentration

#### Wed Feb 4

3:44pm we are sending out Taoist gifts for the Taoist new year (Feb 19th). Get the gifts here: http://t.co/Ip2CJRf1dn 4:09pm The ignorance of brand worship: Apple iPhones are made-in-China: http://t.co/Ct1tXiV8X7

#### Thu Feb 5

5:03pm Real Taoists don't have fear of death.Be 1 with Tao (moral/truth) is more important than being alive.The anxiety of death shortens lifespan 5:16pm Taoism respects orders of nature, the circle of life, saying sages are immortal, means they created great cultural legacy for future people 5:20pm In Taoism, U r not only the physical body.U r an energy cluster.U cultures are also part of you. Cultures can pass down and be immortal

5:36pm The cruel emperor 'Qin Shi Huang', who is famous for requesting immortality hard from the Taoists, did not live long http://t.co/mQYbuPX43Q

6:07pm Saving is encouraged in Taoism. Research home brand products from supermarkets, buy other things on Ebay. It will save you a lot. 6:14pm Taoist saving in Australia: @amaysimAU @Penny\_Tel can help you save a lot of your telecommunication (mobile) bills 11:59pm Selfishness is a general attitude:the kind of people often don't look after their own body parts/family members/other ethnic group/ animals

# Fri Feb 6

3:56pm We accept decentralized money, bitcoin, when you buy or donate. Find an introduction/FAQ of bitcoin here: http://t.co/ HtE8kqMCRf

4:15pm FAQ of Taoism, Version 4.5 released http://t.co/fyn2Xlr5CQ

# Sun Feb 8

3:53pm Practising Taoism can extend lifespan.But if seeking immortality of physical body becomes the only/main goal, the pursue is no longer Taoist

4:08pm RT @WaterWindThundr: You are batting 1,000 wrong on Taoism @TaoismNetwork Taoist sages are functionally Immortal living 100s and 1,000s of...

4:09pm RT @SrGaia: @WaterWindThundr @TaoismNetwork Really? Then where is he? Hiding out having coffee w/ Jesus? Your messages of Taoism are more 1...

4:12pm RT @SrGaia: .@WaterWindThundr Says you. Sorry, immortality is fallacy. Death gives life purpose. Taoism is the natural way of life as the T...

4:20pm Strong fear of death(insecurity) is associated with selfish/quickgain/hierarchical/territorial behaviours. Not inline with peaceful Taoism. 4:52pm 'Death in Classical Daoist Thought' https://t.co/Tezz1ep6TP see section 'Death', #Zhuangzi (Taoist sage/text author) indifferented to death

7:06pm Judging the living of tropical region by the monetary standard in the colder region is a mistake.People can live on \$2 a day in hotter place 7:07pm Tropical region has many resource that is not usually measured by monetary system:solar energy,warmer temperatures, biodiversity... 7:13pm The degree of participating to the monetary system is negatively associated with local solar power/resources/temperature.

7:15pm The emphasis of monetary system suggests perceived limitation of resources. People rich in resources do not care much about money.
7:20pm People who are immoral or loving money, in fact, think themselves are poor (of resources, even they may not be aware)
7:32pm Don't conclude the living standard is low if you see skinny Africans. You don't need that much body fat to keep body temperature there.

7:41pm RT @adrd12014: Race is similar to subspecies in human. There are inherited differences of peoples. But many racist beliefs are untrue http:/...

9:39pm Directional thinking(things can go better/evolve to one direction always)is not Taoist. The universe is 'rotatory', 'repetition' is nature9:47pm The major Taoist principle, extremes meet, is the projection/ shadow/aspect of a rotation of a higher dimension.

10:33pm Real Taoists are good at summarize things. Tao/Taojitu is the ultimate summary of the universe http://t.co/fMuslHCfeU 10:41pm Link between ability of summary & practising Taoism:Chinese writing system is high on information density than others http:// t.co/61oalq6iQL

# Tue Feb 10

2:08am RT @guuuztuff: @TaoismNetwork @animalnetwork39 I totally agree. yet we don t get it that they are the intelli aliens in frnt of our noses ...

8:10pm Compassion, morality and intelligence are different aspects of the same thing: the ability of understanding larger picture

# Wed Feb 11

4:29pm One hidden/unconscious reason of being clean is not allowing other life forms (insects, bacteria, fungus, virus etc.) sharing my territory
4:37pm Microorganisms aren't evil, Like it or not, human body is a forest of microorganism. They are everywhere, They live inside of the our cells.
4:40pm Taoist view of being clean is not completely removal microorganism(we can't), but living in harmony with them.

4:42pm Cleanliness is often good for many reasons. But strong concern of cleanliness is associated with territorial behaviour and being controlling

4:49pm RT @maureencatlady: @TaoismNetwork @animalnetwork29 so true !!!

5:16pm I-Ching is about the physics of the universe http://t.co/

xqRQZgvjju It predicts everything in the universe has Ying and Yang two states

5:19pm Time has Ying(future) and Yang(past), present is the harmony of the two.Our reality is the Yang world. Deceased people are in the Ying world

5:25pm In the context of Ying/Yang world of Taoism, death is not the end of the story. it is just end of the chapter(life in the Yang world). 5:36pm Ying world (阴间) and Yang world in Taoism are similar to parallel universe. The two worlds may in the same space but don't typically interact

# Thu Feb 12

3:59pm RT @yes2feet: @TaoismNetwork @animalnetwork36 It is strange to me that people will believe in #aliens but refuse to see that #animals are p... 4:10pm Living in harmony with nature: children grew up in 'dirtier' environment, for example having other animals at home, have stronger immune

4:24pm Often forgotten principle:Ying and Yang are relative to each other therefore exchangeable. You can name any one of the opposite states Yang.

4:26pm It's a convention that female,earth etc. are called Ying quality. You can call them Yang if you like, as long as you call the opposites Ying 4:39pm I-Ching sees everything in the universe a relationship(between two things).There are 64 kinds of basic relationship: http://t.co/

#### xqRQZgMUb2

4:52pm 'Baryon asymmetry' can be explained by Ying/Yang world of Taoism(parallel universe):We (Yang world) don't observe Ying world(of antimatter)

4:59pm The original 'Ying world' in Taoism, is merely an emotionless opposite of 'Yang world' (we live in). But Buddhism linked it to hell & heaven

9:11pm The exchange rate of CNY(Chinese Yuan) to AUD has been on the rise since the middle of 2014, the rate changed from 5.8 to 4.8

#### Fri Feb 13

7:52pm RT @dkraju: @TaoismNetwork Ying and Yang, two parts of a whole! In Indian mythology, Shiva ( half of Him is Parvati; Male & Female) is a un...

8:13pm @dkraju you misunderstood http://t.co/eaMEV8mASX

9:11pm @PatrickCotterP can't reply your DM please send us an email info@Taoism.GoodEasy.info we will talk about the role there.

9:49pm Compassion is the Tao(rule). Plants are sentient. Eating seeds are less healthy than leaves and fruits, because seeds are babies of plants9:53pm @dkraju We introduced this(unity) in the pinned tweet and FAQ a long time ago

10:36pm Taoism discourages dairy consumption. Milk is liquid meat, harms baby cows.Per capita consumption is low in China: http://t.co/jZGJj9Z8Mt

10:47pm @TonyFromSweden What matters is the balance of content. Seeds have things not so ideal.

## Sat Feb 14

1:20am @TonyFromSweden common sense. Quick hint. Google wheat intolerance, gluten intolerance. coeliac disease etc.

1:31am @TonyFromSweden Examples of seeds are not the best food compare to leaves and fruits in general. Human are not evolved completely for it

1:33am @TonyFromSweden You misunderstood the original tweet. We are talking about compare to leaves & fruits in general. Diferent degree of healthy

1:37am @TonyFromSweden yes in general, but depends on situations, if someone is dying sick better not eat the babies. Leaves and fruits are better.

1:53am @TonyFromSweden parents are not good analogy of leaves & fruits. Originally the two parts evolved to be food of animals,the plants don't die

9:53pm @DonTheorist can't reply your DM. please send us an email (on our site). We will tell you more details there.

9:56pm The Taoist/Chinese new year is on next Thursday(19th of February), Happy new year, please collect our gifts here: http://t.co/ Ip2CJRf1dn

10:04pm This Taoist new year is the year of sheep: http://t.co/ eLe3qMEIIr Tell us date of birth & the year,we can tell you your animal in the zodiac

## Sun Feb 15

4:20pm According to Ying/Yang theory of Taoism. Time should be cyclic too. Mainstream big bang theory is not compatible to it.

4:31pm I-Ching judges relationship by degree of Yang/power of the opposites.Majority vs minority(about 70% vs 30%)Yang is often good relationship

4:44pm Scientific point of view: I-Ching (from prehistory) is more important than Tao Te Ching. I-Ching is a quantitative book of math and physics.

4:45pm In I-Ching, when the Yang/power of two opposites are close, or one opposite is extreme, it often predicts major change/unrest/conflicts.

## Mon Feb 16

12:18am Many-worlds view is compatible with Taoism/I-Ching description of Tao. 2014 News 'Parallel universes DO exist': http://t.co/ RVime9Jkq3

1:06am Common sense is right: There are unlimited number of worlds(sometimes called parallel universe). Each connects to others in different degree 2:32pm @drgn19 @TaoismLiving Chinese language doesn't distinguish the two: goat and sheep are both  $\ddagger$ .Both translations are ok for the year of  $\ddagger$ 

9:30pm Study Taoism with us free. Read our tweets in chronological order. Download a text file of the tweets(70k) http://t.co/ITipdtRYU0

#### Wed Feb 18

12:29am Today is the eve of Chinese/Taoist new year. Happy new year!3:40pm Sunlight is great healer. Take time to do sunbathing3:47pm Common siting positions/types in the offices are not natural. Be aware of the damage to your body.Learn natural positions from primates3:52pm Nonhuman animals know natural living. The false perception of human superiority stop many learning from non humans:

@GreenFilmDwnld

3:57pm RT @RubyPauli: Pls watch & share the animal rights documentary\`The Superior Human?\`(2012).U can get a legal download from @GreenFilmDwnld...

4:26pm Chinese word of Nature,自然, is a combination of 自(self)然 (organize/arise),means self-organization from nothing (Tao) http://t.co/ vSNTwl2y93

5:14pm The common Taoist term 顺其自然 means 'Let/follow(顺) it(其) self(自) organize(然)'

## Thu Feb 19

4:08am To hierarchical people:when a person is nice to you, don't assume the person is weak that you can bully.Maybe the person has Taoist virtues

## Fri Feb 20

5:29pm RT @FilmGeneratorC9: Make cartoons w/

FilmGenerator(FG)abt green/animals rights this week(by 24th), receive green membership(\$360)of FG free ...

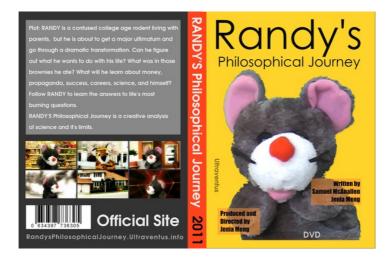
5:29pm RT @FilmGeneratorC9: Be a green cartoonist is easy with FilmGenerator(http://t.co/VYOqXXt4Z2) .You can make a cartoon by this free webtool ...

#### Sun Feb 22

11:16pm Have a juicer, love juice, DIY

Tue Feb 24

2:47pm We do I-Ching reading by math.It's more reliable.Common method is based on literatures of written language that can be easily misunderstood



Sat Feb 28

1:52am Randy's Philosophical Journey(2011),a film teaches most Taoist principles. \$5 download: http://t.co/tugYSXduIB http://t.co/YZ8rpeP0Db

# Sun Mar 1

2:43pm Click the 'Live Chat' link at the footer of our website http://t.co/ c1RmdlCCwu ,talk to our Taoist experts directly http://t.co/W8IxY6qAtw 3:26pm Trailer of Chinese animation 'Legend of Qin' shows ancient Taoist culture (dress,architecture,philosophy etc.), http:// t.co/7HBmXu3Iv3



3:32pm [Martial arts]Some episodes of 'Legend of Qin', English subtitle http://t.co/uEm74Hw2E4 http://t.co/Kbl9msqdNu http://t.co/R1qRgsK4jg

# Wed Mar 4

10:24pm Last day you can download our CD of Taoism free. Get the license and download link here http://t.co/Ip2CJRf1dn See news of Feburary 1st.

#### Fri Mar 6

8:10pm I-Ching is a binary system(Ying&Yang)from prehistory.Modern binary system uses symbols from decimal system, 0&1, that is often confusing

8:47pm In Taoism, every patient is different. The goal of treatment is not removing symptoms, but offer unique solution to sources(imbalance) 10:17pm Computer speaks binary like 01001...the translation in I-Ching binary is YingYangYingYingYang...0 refers to 1 of the 2 opposites,not nothing

11:46pm Science in Taoism: How I-Ching gives answers to the ultimate science/theory of the universe: http://t.co/LAmehn14Ir

11:55pm Standardization of treatment is not Taoist.We cannot classify diseases:same symptoms can come from different sources for different people

11:57pm In Taoism people should research the best treatment/care for themselves. Animal testing makes no sense:cruel & results unsuitable for humans

## Sun Mar 8

1:22am Best natural health knowledge is the evolution of life.General principle: organisms live healthier in ways that evolved longer.Look back.1:29am Importance of water:inside of human body is a simulation of earlier ocean (temperature , chemical composition etc). Humans are aquatic apes.

9:30pm Domination is dependency. Slave owners depends on slaves.Bosses depend on workers. Husbands depend on wives. Lions depend on sheep

76

9:32pm Domination is only a one side view of the kind of relationship. The other side of the view is dependency. Domination implies dependency.

#### Mon Mar 9

5:08pm The force of Jediism (from Star Wars film http://t.co/ e5yeGM9P0M) is Tao of Taoism http://t.co/rzAXjVmQSE
7:02pm Difference of Buddhism&Taoism: Similar to other Indian religions, Buddhism has a hierarchical system.Taoist philosophy c no life r superior

7:06pm @StuffByJNo They are called Dao Shi http://t.co/AUhXNAZIss
7:28pm Environmentalism in Taoism: Zhuangzi is a less known but
very important Taoist Text.Read the English translation here http://t.co/
UeHq683wpB

7:55pm Popularity of atheism in China is associated with the popularity of Taoist philosophy that is essentially atheist http://t.co/EciTI4jwDR
8:54pm 'Mao is closer to Taoism but farther away from Confucianism' http://t.co/c798J0Gmjn

9:16pm Common Taoist phrase for the death of sages is 羽化 (the process larvae become insects). It means death is a transformation of the forms

## Tue Mar 10

3:51pm Respect autonomy of other life forms is encouraged in Taoism. Pet keeping is therefore discouraged because it is linked to animal slavery.

5:15pm Urbanization is not Taoist.

#### Wed Mar 11

2:42am Public transport is more Taoist (saving and green/ environmentalism are Taoist virtues) than private transport
2:43am 'Public Transportation Reduces Greenhouse Gases and Conserves Energy' : http://t.co/1HKMRXH45U
2:47am @FengShuiLabor You should have read environmentalism in the classic text Zhuangzi. There isn't a place for consumerism
2:54am @FengShuiLabor You are being dogmatic for calling
'Master'.There isn't a master here. We promote green life style.Not necessary 'activism'
3:01am 'Get on your bike — and off oil' http://t.co/cT4cADyb2a
3:02am @FengShuiLabor You did not study enough of Taoism.
Google 'Taoism environmentalism'. Lots of articles like this:'Taoism Is Environmentalism'

3:07am Often, real green/Taoist lifestyle is inactivity (as opposed to activism)

3:33am RT @YorkRegionGovt: #YRCouncil invites #YorkRegion to turn off its light for #EarthHour2015 at 8:30 pm on March 28. Visit http://t.co/nLAIN...

3:55am Be Taoist, reduce my carbon footprint: http://t.co/qdD6ipmTLt check out the 'Secondary' tab

3:01pm Carbon footprint(CF) is a common index that measures environmental impact of human activities.An online CF calculator http:// t.co/qdD6ipEuD1

## Thu Mar 12

3:50am Taoist sage Zhuangzi lived around 4th century BC. He declined a king's offer of chancellor position in preference of Taoist lifestyle

3:55am Some schools of Taoism see Zhuangzi the best text of Taoism. Zhuangzi is rich in ecological thinking and very important to Taoist philosophy

4:09am It is said Zhuangzi thought working near kings is similar to being cattle:may be fed well, but cannot escape the fate of scarification4:16am Zhuangzi believed the unity/harmony of humans and nature:humans are neither inferior nor superior than nature. We are nature.

6:51pm Atheism and morality: Genuine nice people don't need mighty Gods to force them being moral/compassionate. They are moral spontaneously.

10:07pm The 'tiger mom' stereotype isn't real. Many East Asian(Taoist nations)kids are naturally well-behaved without much hash discipline.

10:17pm Environmentalism is grand compassion:All our

'actions'(consumptions/developments) cost other lives.Live with

gratitude.Minimise the damage

11:25pm Useful herbs,search each name online for uses:Aloe,tea

tree,Garlic,Ginger,Honey,Lavender,Rosemary,Sage,Rose,Ylang,Sandalwood,Pep1

11:26pm Useful herbs, search each name online for uses:

Parsley, Thyme, Eucalyptus, Arnica, Calendula, Chrysanthemums, Echinacea, Elderbergen, Chrysanthemums, Chrys

## Fri Mar 13

2:24am You can learn TaiJi free from Youtube channel of TaiJiZen https://t.co/IZIKWI7NkA

3:28am @TaoOfCannabis disagree to you absolute statement

3:42am @TaoOfCannabis Not everyone can teach online(making videos

etc).Plenty of people study TaiJi from books,DVDs. Many in Google

4:04pm RT @jeanjeanw5: @HenriettaMRoss @TaoismNetwork Yes, Henrietta, we do not need to believe in Gods or anyone other than ourselves to feel co...

4:18pm Taiji(太极)means supreme ultimate in Taoist cosmology,Taiji also refers to a soft exercise based on Taoist philosophy, it suits elderlies well

5:18pm @jeanjeanw5 In depth interpretation can be found in our FAQ of Taoism http://t.co/fyn2Xl9uLi

8:06pm Taoism emphasises empathy.Main text Zhuangzi moves between perspectives of many different life forms(human,other animal,tree,fugus etc.)

#### Sat Mar 14

12:42am Taoist health:Zhuangzi describes a fairy like person who doesn't eat seeds/cereals (leaves,fruits r ok),breath fresh air,drink dew(不食五谷吸风饮露)

3:49am If you plan for long term (being Taoist),you live long. If you plan for short term(quick gain, immediate advantage) you live short.Slow down

4:13am A:I can't empathize with other life forms, they look so different from us. B:Study evolution, you will get it, the difference is superficial.
4:27am Taoist sages tend to be emotionless/peaceful. Because they understand how the universe works, so no much can surprise them.
9:50pm Feeling happy because u r young isn't wise. It implies unhappy when u gets old. Peace of mind lasts longer if u don't c being young is better

#### Mon Mar 16

1:19am Quoting famous people a lot is some kind of hierarchical behaviour.What matters is the message, not who says it. Avoid dogmas.1:24am Privacy does not make much sense in Taoism: it implies blockages of the flow of information. Taoism loves connectivity(transparency)

1:28am Often, good advice does not sound nice (harsh, critical). Good (herbal) medicine does not taste good (bitter)

4:59pm It's good to consider opinions of others.But be aware opinions of nice people are often under-represented because they are less outspoken.

5:00pm 'Go with the flow' in Taoism does not mean go with the propaganda of aggressive people. Go with the truth, the Tao: http://t.co/fMuslHCfeU

5:10pm Media opinion (including social media) is not public opinion.But opinion of social media is closer to public opinion than traditional media

5:46pm Chinese doesn't have tense for verbs.Because past, present, future are considered 'coexist' and 'always exist' in a higher dimensional world

6:10pm Tao of Taoism can be loosely translated into 'God' of monotheist religions http://t.co/fMuslHCfeU But Tao does not have any personhood 6:30pm Universal creation is not in time order that implies events before universe.Time is a part of the universe.There isn't time outside universe 6:59pm Taoist view of 'creation' is the universe,nothingness,presents itself in Ying-Yang pairs(diversity arises from recurrent Ying-Yang division) 7:21pm Taoist logic:0(nothingness,absence)is infinity(universe).Mind is 0 of the physical world.So mind(0)is the entire physical world(infinity)

## Tue Mar 17

12:34am Many common things in our kitchen, such as sea salt,garlic, chilly,olive oil,lemon,ginger,apple cider vinegar, have medicinal properties,

2:02am Makeups (excluding health products) are deceptions, generally bad for health, linked to sexism. They should be used as little as possible.3:58pm Vision & other body features are similar to height and weight, everyone is naturally different. There is no standard (vision etc.), only average

4:11pm If you did not have experience of eating healthy, you can start with Mediterranean diet. Yummy and healthy http://t.co/ItWBJFNcbX 7:24pm Australia:Buy more than 600 common herbs from online store of 'Tong Ren Tang' (300 Y.O. leading Chinese herb store) http:// t.co/5fTtokE7ep

11:23pm Systematic cruelty of dairy industry: http://t.co/DiSZpCtn3w male calves are commonly killed.

11:30pm Why would cows produce things that are ideal to those who harm calves(humans)?Dairy links to many autoimmune diseases,nature's punishment?

## Wed Mar 18

3:46am BBC documentary:Physicist presenter proves the effectiveness of acupuncture by rigorous scientific experiments https://t.co/6MqTJ0TEEI

# Fri Mar 20

1:16am Common meditation method is focusing on breathing. It helps you relax by caring fundamental needs. Breathing has been evolved for a long time

#### Sun Mar 22

1:28am Taoism likes natural life(eg rural life). The word civilisation is biased from the origin. It implies people live in cities are kinder. Untrue.1:41am Statistics of China shows the difference of rural and urban populations: on average rural people are shorter, eat less meat.



12:15am Taoist physicians commonly measures people's heart rate by feeling the pulse on the wrist. It is called 搭脉 http://t.co/dcyvmQ3BuX

## Wed Mar 25

# Fri Mar 27

7:53pm Aggression(rooted in short term, small group interests) is negatively associated with wisdom(rooted in long term, holistic perspective)

## Sun Mar 29

10:21pm Imagining/dreaming something has no much difference from actually experience it.Having evil thoughts is bad even one does not commit the act



#### Mon Mar 30

1:58pm Taoism likes long-term, cooperative relationship & a multipolar world where all faiths, life forms co-exist peacefully http://t.co/

# SZdJuh9Wkz

8:17pm Western science tends to separate morality and science. Eastern science (Taoism) thinks morality is a part of science (Tao, universal order)

8:30pm Taoism thinks science without morality/compassion, such as many GMOs, animal testings, is not real science (Tao, universal truth).

# Wed Apr 1

4:00pm Who is the centre of the universe (Earth,Sun etc)? The universe does not have a centre. Or u can say every part is a centre 4 the observers 4:11pm Geocentrism is right from viewpoint of earth lives.

Heliocentrism is wrong from viewpoint of aliens in other galaxies http://t.co/JAfC4xd0x3

4:20pm Ying:nothing is the centre of the universe; Yang:You are the centre of your universe. Both views are 'true'. It's the harmony of Ying & Yang

4:23pm Mainstream often 'educates' people with one side of the story. Taoism encourages people to see the two sides of everything.

9:15pm RT @\_PeaceNetwork: Celebrate green event Earth

April(EA)2015:April is the month of Mother Earth and her children http://t.co/TXKifacgIS htt...

# Thu Apr 2

3:11am Grow some vegetables in your own garden/field with organic methods. You will know how vegetable should taste: so delicious!
5:02pm Female Taoist Masters are called Fairy (仙子). Don't call females masters.

5:43pm Founder of Taoism Network (TN), Dr Zai, is a female. Please don't call her Master. http://t.co/c1RmdlCCwu

#### Taoism Course of TN

#### Sat Apr 4



12:48am Tomorrow is Qingming Festival.It's for deceased family members and ancestors, people eat herbal rice cake (清明团子) http:// t.co/5aPzseWH7h

12:52am You can find more Taoist festivals from our Taoist Calender, Download the PDF http://t.co/WZZgdwKUtr

7:51pm Equality in Taoism:Text '秋水' of Zhuangzi has '以道观之 物无贵 贱'. It means from the Tao(truth)'s view point,things are neither superior nor inferior

#### TaoismNetwork's Twournal

## Fri Apr 10



7:35pm Super Taoist Food Mung beans:Leaves & beans can detox.Beans have all the proteins.Bean & shoots r yummy.Easy 2 grow. http://t.co/ GXqXgHHLr7

Sat Apr 11



5:33pm New editions released: FAQ of Taoism http://t.co/oPyyNe6sXw ; Free online course of Taoism http://t.co/ITipdtAo2s http:// t.co/4b7X2nFItq

#### Mon Apr 13

6:20am It's good to use dim light at night. It makes you calm. The moon light is enough for simple night activities if you are used to it

#### Tue Apr 21

4:04pm Study Taoism and Chinese language (at least reading) at the same time.We virtually didn't see any proper translated Taoist Text in English.

4:06pm Learn a new language makes you no longer blind to propagandas/misunderstanding against the culture from your own culture.

4:12pm [No Worship of Texts]Taoism is not only described in the main texts.It's also shaped by ancient Chinese literature of all subjects4:23pm The lesser you assume, the wiser you are. When all assumptions were removed (seeing the universe as nothingness), you are one with the Tao.

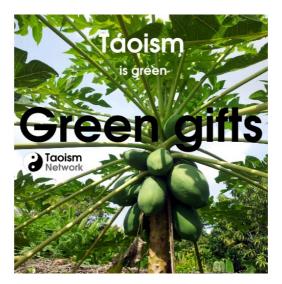
4:52pm It is often said that people cannot describe Tao (in accuracy). One reason is the ability of natural language in delivering meaning is limit

4:57pm Many literatures help people understanding Tao (such as Tao Te Ching). Some describe Tao better than others. We describe Tao by science.

5:10pm Taoist texts were in ancient Chinese(http://t.co/u1j4UJcHP5).It's different from,but related to,current Chinese http://t.co/coekeM87t9

5:27pm Taoism is summary(increasing information density). Chinese language gets higher information density via tonality & pictographic characters

6:09pm Ancient Chinese language is more Taoist/concise than current Chinese: the information density is higher in the ancient form.



Tue Apr 28

8:20pm Taoism is green. Be our member (http://t.co/GtLnCbxGn2), receive garden plants free. Contact us for more information http://t.co/ HEurIIDkKx Tue May 5



9:49pm Introduction of Taoism Network from founder Dr Zai and volunteer Randy http://t.co/HtEUpsiK6w watch by Firefox http://t.co/ IDGqwW0ula

Thu May 7

3:17pm Humans have been semi-aquatic during the history of evolution.Remaining hair(head, armpit,pubic etc.)streamlines the body when swim

3:18pm Semi-aquatic experience separates humans from other apes.Evolution is divinity(Tao)in Taoism.Earlier text 'I-Ching' means 'Book of Changes'

3:26pm Semi-aquatic history explains many things of humans, eg:high population density along the water(river,lake,coastal area)&why we love beaches

3:37pm Biological evolution was NOT discovered by Darwin. Many societies had the 'common sense',see/worship reptiles as ancestors,eg Chinese&Mayans

#### Sun May 10

#### 5:48pm Taoism is harmony http://t.co/c1RmdlCCwu

#### Mon May 11

4:58am Hallucination drugs, sensory deprivation (isolation tank) and deep meditations have something in common:uncover the 'original you' (Tao)

5:03am Our senses often trap us in superficial aspects of the universe.It also creates illusions that our mind separates from the rest of universe

#### Tue May 12

2:14pm [Natural living]How to cure desperate (selfish,merciless,short-term-vision) people? Send them back to mother nature.

2:36pm Anthropomorphism, human supremacy, human exceptionalism are views that separate humans from nature http://t.co/WnNpxOqyBz 5:39pm Book:The Eastern Origins of Western Civilisation(2004) http:// t.co/4yM1eclaRp Western civilisation depended on older Eastern civilisation

5:54pm Human belongs to nature.Separating human from nature makes humans acting desperately: being selfish,merciless,focus on short term advantages

8:12pm Please spread this message anywhere: 'Web

TaoismIsHarmony.TK'. You can set it as the SSID (network name) of your WiFi

9:41pm Different hair streamlines the body when swim.Males have more hair on the chin/jaw because the area is less streamlined(angular)without hair 9:46pm Chin/jaw shape/size is a major marker of facial difference between the sexes

## Wed May 13

3:29pm @Zordabo (unconsciously) focus on ego can be seen as a desperate response of being separated from Mother nature 4:25pm Desperate(selfish,merciless)people destroy/wast natural resource,&whine about limited resources for survival.Use intelligence,not aggression

## Fri May 15

3:17pm RT @Green\_Cairns: Gardening is high technology.Seeds are CDs of DNA of the plants.Plants are 'little green men'. Sowing are recreating 'ali...

3:27pm Often, people invade/kill/destroy in the name of God do not actually respect God (universal order,called Tao in Taoism).They are playing God

4:02pm Every point of the universe has 'seeds' of (consciousness of) the whole. Every cell has genetic information (DNA) of the entire organism.
4:38pm Stereotypes of paradoxical Eastern culture stem from misunderstanding of Ying & Yang:There are 2 sides of everything http://t.co/fMuslHCfeU

6:27pm Cheating in a relationship is seen very negative in Taoism.It's invasive, similar to taking a chair that is already taken in restaurants.6:50pm In the Taoist community, people in relationships are often considered 'asexual' by outsiders. 'Asexual' is a positive word/quality here.6:57pm Being sexy is only positive when it is displayed to appropriate targets.

7:10pm Why evolution in favour of faithful people/culture? Step parents (divorced) are notorious for child abuse/being irresponsible to children

## Tue May 19

4:49pm An incomplete intro of the Influence of I-Ching,the earliest Taoist text http://t.co/ShnZdj0ivY you can learn more of I-Ching from our site

## Fri May 22

5:35pm Everything comes from something; 'inventions' are often illusions.

5:36pm Economic concept, laissez-faire, is considered the key to western development. Laissez-faire was a translation of Taoist concept 'Wu Wei'5:37pm Basic aspects of the steam engine pioneered in China many centuries before British industrial 'revolution'

5:46pm WIPO: Chinese company ZTE got the largest number of patent globally 2011 http://t.co/kpXrz6sEQW Top 4 companies were all from Taoist region

## Sun May 24

2:15am Human ancestors were not all barbarians. Archaeoastronomy is based on the view that (good) astronomy was integral part of ancient cultures Mon May 25



5:45am RT @adrd12014: Buy our Tshirt to support our work, 15 AUD per Tshirt, pay with PayPal http://t.co/JVenfs62GK http://t.co/ wrbWyY5Emk

4:43pm RT @veganonearth: March against Monsanto: World rallies to protest GMO in 38 countries, 428 cities @RachelsNews http://t.co/ s7QnRKoVAp

Tue May 26

6:55pm Have you tried and bookmarked http://t.co/E82yHio9Q0 ? The domain name means I-Ching Tech.

# Thu May 28

2:44am Relative head to body size is related to holistic thinking.Babies has larger head than adults,Taoist folktale says babies have extra senses.3:00am Mind of babies is in the 'blank' state.It is similar to the ultimate Taoist mind:nothingness. Everyone was a Taoist sage at infancy

3:01am Youthfulness of physical body is linked to youthfulness of mind (being Taoist/baby-like). See the world like babies

## Fri May 29

12:59am General healthiness of common food:(green)vegetables/ fruits>seeds(cereal etc)/mushrooms>seafood>white meat>red meat. Eat healthier ones more

1:12am Our evolutionary relatives are herbivores(monkey,ape).Humans were forced to eat meat in the ice age.We are not designed for meat.Avoid meat.

#### Mon Jun 1

4:22am RT @ChinaDailyEU: Taoist teaches US official one or two things about feng shui: Liang Xingyang, a Chinese Taoist, takes US offic... http://...

## Sun Jun 7

2:55pm In daily experience Ying-Yang pairs often appear to be not symmetrical(not mirroring each other exactly)because our view points are partial

# Mon Jun 8

4:23pm Science echoes spirituality,mind controls health:Vessels connecting brain to lymphatic system were discovered http://t.co/ KTgUuES7Uh

#### Taoism Course of TN

#### Tue Jun 9



3:19pm RT @angelastretton: "@Animal\_Network: World meat consumption per capita. Darker red = more meat http://t.co/ d5PGMx9aU6" this also shows can...

3:49pm Many sports are simulations of military activities (such as wars). Liking sports links to liking military activities.

3:57pm Total No. of gold medals of a nation in Olympic doesn't indicate sport capacity of the citizens. It suggests military power of the nation 4:01pm Males on average are more aggressive, interested in sports and military stuff.

4:14pm Health:Have you 'talked to'(silently in mind, say nice things)your body parts?Its important to recognize body parts have autonomy(mind) too

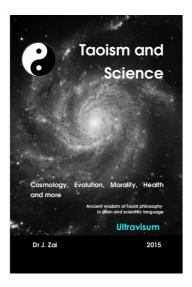
4:32pm Many pains can be reduced if you say"I am sorry,I love you,thank you"to the painful part silently.It acknowledges that you hear the problem

4:44pm Itch is essentially minor pain. http://t.co/GblrA9g6TT

# Wed Jun 10

4:26pm RT @summitnatural: This book is relevant to health and lifestyle no matter what your religion or life philosophy may be. https://t.co/gJAsF...

4:30pm The process of I-Ching reading/consultation is based on quantum probability. It can reads your mind, DIY here: IChing.TK



Sat Jun 13

5:28pm Buy world-class textbook of Taoist cosmology 'Taoism and Science' from our site. Lowest price guaranteed http://t.co/kB5xEtgSsj

#### Taoism Course of TN

#### Wed Jun 24



8:47pm RT @RT\_com: China, Australia sign 'historic' free trade agreement http://t.co/D0kPQXlrDn http://t.co/FfgbwiMIiD

#### Thu Jun 25

7:59pm RT @JulianHitchMASE: Change yourself & you change the World. As soon as you realise we are all connected, you step into your power. #dao #t...

8:06pm RT @Taoism\_Science: Free download (PDF) of Taoism and Science(2015), 5M. Limited time only. Don't miss out. http://t.co/ CegHr7A8Dx http://t...

#### Fri Jul 3

5:45pm Everything has 2 sides, Ying&Yang.Common features of Yang:order/deterministic/structure, Ying:disorder/random/distribution/ uniformity/basic

6:20pm Often things are attracted by Yang aspect and depended on Ying aspect,eg.in an ecosystem.carnivores(lion)are Yang,herbivores(sheep) are Ying 6:21pm Males appear to be in charge(we attracted by Yang).But female qualities(cooperation/empathy)are basic values of societies(we depend on Ying)

6:26pm The average/central tendency of a normal distribution(a math term) is Yang, the two tails are Ying. Events are 'attracted to' the average.
6:31pm The original meaning of Yang (阳) is the sunny side of the field.
Ying (阴) is the shady side.

6:36pm Main stream science is not the ultimate truth (Tao in Taoism). It is a truth seeking attempt of a culture.

6:49pm RT @\_PeaceNetwork: Book of ancient

wisdom, peace, vegetarianism, environmentalism, natural

living,#holism,unity of science&spirituality... http...

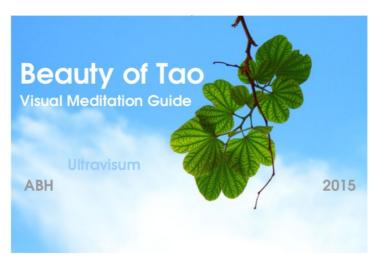
## Tue Jul 7

5:14pm Ying-Yang is the core of Taoism. It was passed down from a prehistorical civilization. Computer binary system is an application of it.

# Wed Jul 8

4:21pm Advantages of organic gardening:1)free organic food 2)no need to wash 3)good nutrition&taste 4)recycle organic wast at home 5)nice view...

## Thu Jul 9



12:01am New book helps you do meditation with visual guidance.The method is based on large experiments http://t.co/Z2VKKu3eb2 http://t.co/dVO1suHd2y

2:49am Taoism loves diversity.Eating diversely is healthier&tastier.An easy improvement is buying several mixed spice/herb & adding into your meal

## Fri Jul 10

8:42pm Universal condition(weather,star positions etc)at the moment of conception is an important determining factor of personality/fate in Taoism

8:43pm Horoscope explained:Hot-weather(nicer condition for life,eg summer)conception(eg European Taurus)links to Taoist/green/relaxed personality.

9:05pm Size of browridge links to aggression.In evolution browridge disappears with the development of social/moral behavior http://t.co/TGd6HkH0Ob

9:33pm Dr Ruskamp found evidence (Shang Dynasty writing in rocks) that 'Chinese' discovered America http://t.co/WyKaNaktc8

## Sat Jul 11

5:27pm Most uses of household chemicals are unnecessary and harmful. The rest has natural alternatives.

## Sun Jul 12

10:41pm Meridian network(TCM) provides clues of the evolution process of animals. Body parts on the same channel/cluster may be one spot originally

# Wed Jul 15

12:39am Large sunspot peaks(based on 500+ yrs data from SIDC.BE)coincide with onsets of large wars,eg American Revolutionary,Vietnam,Opium,911...

12:45am Astrology:Astronomical events govern human society at large. 2013/14 was a peak of sunspot activity.It explains the chaos internationally.

12:49am 'The first written record of sunspots was made by Chinese astronomers around 800 B.C' http://t.co/YEGZDqTk2r

# Fri Jul 17

11:54pm Many have Yang side of body(left of head&right of rest body)aging/wearing out a little faster.So hearts are often in the left.It's safer

#### Mon Jul 20

7:15pm Tang Dynasty ( https://t.co/YvL60GSSCN ) was a peak ofChinese civilisation.Taoist religion was the state religion at the time.7:22pm There are more than 2000 registered Taoist temples in China

#### Tue Jul 21

3:29am [Softness]Life(eg baby animals/plants)is linked to softness.Death is linked to power/hardness.Trees that don't bend in the wind would snap 3:39am RT @yoda: force is with love and equality today. yessss.

#LoveWins

3:45am RT @eliasknowledge: Either we accept that we all originate in the same root, or we will end up destroying each other. https:// t.co/4p57puwO...

8:52pm Often, 'domination' is a synonymy of 'parasitism' in ecology. https://t.co/ZkajVjQuYT

8:57pm Taoism is closer to the culture of producer than consumer in ecology

9:03pm Are you an independent person? Independence can come from a Taoist/self-sustained life style. Avoid parasitism as much as you can.

9:29pm People who take advantage of others are advertising that they are desperate parasites

9:49pm Trees are role models of Taoists: they provide foods and shelters for many other life forms

#### Wed Jul 22

2:09am Universal consciousness/mind or superconscious are Tao of Taoism. 'We are infinite, eternal beings' http://t.co/WrbXSX3kor 2:35am 'New Thought' movement ( https://t.co/zy1GvhILlO ) isn't new. It's a version of Taoism/indigenous beliefs/paganism

## Mon Jul 27

9:51pm Ying usually means female type of attribute anti-order. It is measured by entropy in physics. Ying is basic. Yang/order tends to be short lived

10:07pm Entropy&Taoism offer the same lesson for longevity:

order(male/Yang type lifestyle)shortens lifespan.Time flows slower for disorder.Be Ying.

10:23pm Examples of common orders:

domination, hierarchy, cleanness, wastefulness (human domination over other species)...Orders don't last long.

10:41pm Universe destroys orders.Physical bodies are orders.aren't eternal.Enlightened mind is the universe(Tao http://t.co/

fMuslHCfeU), it's eternal

10:54pm [Taoism&entropy]Universe constantly destroys orders.Eg.sharp looking new things going through decay.Clean houses get dirtier over time.

## Wed Jul 29

6:48am Book:The Tao of Zen https://t.co/soBAccHY10 'Zen Buddhism is in fact almost entirely grounded in Chinese Taoist philosophy'

#### Thu Jul 30

5:32pm Binary of I-Ching(Ying&Yang) is the ultimate abstract of the universe.Binary exists everywhere;Eg.cell division(1into2),2 genders,Y&N... 7:28pm Taoist ritual kowtow https://t.co/3BB8IWyzGy has health benefit:it returns humans to common postures of evolutionary ancestors.It's relaxing

## Fri Jul 31

5:53pm Taoism does not like 'orders'. Diversity is a form of 'disorder'. Taoism respects diversity:http://t.co/RuglBmmNtw AntiDiscrimination Month

## Sun Aug 2

3:38pm Having a sophisticated cosmology ( http://t.co/E82yHio9Q0 ) is a distinguish feature of Taoism. Taoism is science.

5:46pm Free will in Taoism: The Universe is neither completely

deterministic nor random (people have free will). It's both, just like Ying and Yang

## Sun Aug 9

12:54am Feng Shui: increasing round shape in building design increases Taoist thinking of people. Many ancient/traditional buildings are round

#### TaoismNetwork's Twournal



#### Taoism Course of TN



4:27pm RT @AntiDiscriminMo: August is AntiDiscrimination Month: http://t.co/HJTsfhypuk (resources in 14 popular languages) http://t.co/ LEk1Voa6IR

#### Tue Aug 11

4:31pm Universe stays in balance. Things come from the

opposite.Eg,7 sins are from insecurity.Yang weather(more sun)breeds Ying(Taoist)personality

5:37pm @Zordabo EVERYTHING has two general sides, Ying and Yang: IChing.TK

5:43pm @Zordabo 'two GENERAL sides' means you can generalise it to 3,4,5,6.... aspects or one aspect(oneness, Tao).IChing generalises to 64 aspects

5:45pm [Ying&Yang]Opposition is unity, 'passive' Taoists are great leaders because of the independence of mind.

5:49pm @Zordabo A (convenient) convention, from 6 times of coin tossing, each tossing has 2 results, so 2\*2\*2\*2=64

6:03pm @Zordabo Computer binary is from I-Ching https://t.co/ uJWPsb7y6F

6:08pm Like leadership quality?A true leader must have independent mind.Or he/she is only the assistance of others.Practising Taoism frees the mind

# Thu Aug 13

7:19pm Mainstream big bang theory has many problems. 1 of the problem is the Flatness Problem https://t.co/FLq5MTcDol The Universe is not flat.

7:23pm In a closed Universe. Everything goes around, comes around.

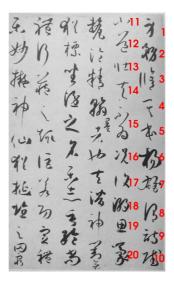
# Fri Aug 14

2:21am Taoism predicts a closed Universe(not flat).It only has 1 side, you can travel infinitely to any direction. Just like on surface of earth.

# Sat Aug 15

10:20pm Right brain is good at holistic thinking. Taoists have active right brain.

10:21pm Ancient Chinese is in vertical lines, it writes from right to left.It suggests an empathise of the right eye, left hand (right-brain zone)10:30pm Ancient Chinese do not use punctuations: The whole article is one piece without divisible parts (being holistic).



10:51pm Writing orders of ancient Chinese: Left-hand writing is convenient for right-to-left writing, it doesn't smudge ink http://t.co/ eTNdaJbWkh

# Sun Aug 16

12:04am Math is often considered a left-brain function. Truth is largely the opposite. Students/people from Taoist nations are often good at Math.

9:33am If one does not reject the unity of mind and matter, one should understand that meditations/thinking can be scientific experiments.

# Mon Aug 17

6:37pm Watch out those treat you well because you are considered 'higher' in hierarchy. They will harm you ruthlessly for those 'higher' than you

6:41pm Egalitarian people are more reliable(not utilitarian).Make friends with egalitarian people.Taoism loves Ying(equality/uniformity/ anti-order)

## Sat Aug 22

5:02pm Taoism loves connectivity,the base of life. Atoms of organic molecules,eg nitrogen&carbon etc. form most No. of bounds with others atoms

5:32pm The periodical table is a representation of the cyclic universe in Taoism. https://t.co/F8TLTgD1go

## Sun Aug 23

2:51pm Fractal, repeating patterns that displays at every scale (https://t.co/qjHG5GqD9U), is the bone of Taoist cosmology.Yin&Yang is the pattern

## Sat Aug 29

10:39pm RT @IChing\_Reading: I-Ching is an analysis of the divination method. We have own analysis of the method. Our analysis uses math, I-Ching is...

10:40pm RT @IChing\_Reading: I-Ching attempts to present the math behind the divination method by stories.But there is always miscommunication in wr...

10:40pm RT @IChing\_Reading: Our DIY tool provides you reading/analysis from I-Ching. Our expert can refine you reading by mathematical analysis. 20...

10:40pm RT @IChing\_Reading: Online reading room,you can get an I-Ching reading mathematically from our experts here http://t.co/ GQ7q0uGMqD Click th...

10:47pm Many literatures understand the pre-historical divination method used by I-Ching dogmatically.What matters is the math&physics of the method

#### Tue Sep 1

1:40am RT @wbconnected: Because everything is Somebody! https:// t.co/FC1PNT8Vp9

6:30pm Bullies are pussies:see how inferior they look like when they meet 'superior' people. Egalitarian people are not 'inferior' to anyone.
6:32pm RT @rokywang: What a wonderful elucidation of "自然"! https://t.co/VUKyRGmYMD

9:46pm Natural flavour enhancer for vegan: Potato, tomato, mushrooms... You can cook these into soup or source.

10:23pm Taoism loves vegan(being herbivore),but it does not advocate it in a militant style.People can choose different diets in different contexts 10:29pm Taoists often practise fasting. Science confirmed that eating less increases your health/longevity http://t.co/KkMVxDKrMB 10:40pm Taoists should aim to be herbivores (not omnivores) 10:44pm Q: can I eat vegetables that were cooked with meat? A: It's up to you, if you don't have other choice of food at the time, it's okay.

# Wed Sep 2

9:28pm Wu Wei(non-action): in many situations, do-nothing is the best action.Being lazy is positive if the motive is pursuing efficiency of actions9:36pm Wu Wei:Universe stays in balance.If 1 push things to 1 direction,s/he often stimulates the growth of oppositions.The sum may not be changed

9:43pm Moist soil is great cat litter.It is good at preventing odor:Microorganisms/chemicals in the soil are at work.Nature has the best design

10:00pm Degree of health of plant-based foods:Wildcrafting>organic farming>chemical farming.Has the farming system evolved to the right direction?

10:03pm Wu Wei: uncooked vegetables and fruits are often healthier than cooked. @RawVegan\_Club

10:18pm Apologize if you ever notice our update is slow. We may be practising non-action. Many Taoist groups appear to be inactive for the same reason

10:36pm Paradox(Yin&Yang) is a fundamental nature of the universe/ reality. Randomness is a unique order. Non-action (Wu Wei) is a powerful action.

# Thu Sep 3

4:03pm Yang polar(right leg or right side of buttocks)wears out the fastest.Many people put more weight on the polar when stand or sit.Get balance.

4:57pm Beware of low-interaction media(eg, radio, TV). They put unwanted messages in you without your consent. Find good information by research

#### Wed Sep 9

2:25am Do not pay too much attention on the first impression. Learn other people over time. People learn you over time.

## Fri Sep 11

1:29am Hierarchical systems cannot properly resolve/prevent corruption and other unethical behaviours. Hierarchies are 'unfairness' by design5:55pm Being hierarchical often makes people stupid.Because hierarchies serve the mind on the 'top'. Evolution 'switches off' the brain of the rest

5:56pm There isn't a ultimate top of the society/ecosystem.Everyone is 'lower' than someone else on aspects.Intelligence links to grasp of equality

6:07pm In Taoist philosophy, people follow ideas(Tao http://t.co/ fMuslHCfeU). In common religions, people follow people. But nobody is perfect.

6:17pm [Yin&Yang of decentralised system]Yin:it doesn't defend its interest strongly.Yang:you can't destroy it by attacking central points/ channels

7:27pm Taoists often have longer memory(credit checking of system). They remember good and bad experience with people for better/future decisions

#### Sat Sep 12

8:49pm RT @UbuntuCairns: Philosophy of Ubuntu https://t.co/ PnhzOsUOXL Overview of Ubuntu operating system https:// t.co/6upFRTOTPk

#### Sun Sep 13

5:58pm Taoism loves non-violence.

6:01pm Grades cannot measure students;Money cannot measure wealth;Law cannot measure morality.Brain activity doesn't equal to the mind.Be holistic

6:50pm Some Chinese add extra cooking&vegetable oil, on the original 'raw vegan' diet to increase calories, when they moved into colder weather

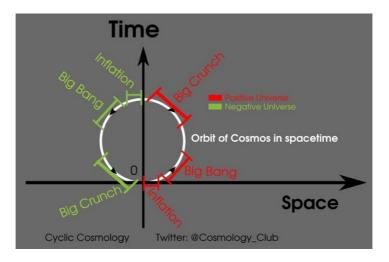
#### Mon Sep 14

6:58am The Chinese ancestors who originated the Chinese/Taoist calender are from the south of current China.

8:46pm There are different Taoist sauces. The taste & brew method are similar. Eg broad bean sauce is good non-GMO alternative to soy sauce 10:06pm RT @Taoism\_Science: Last week to download PDF of Taoism and Science(2015) free, 5M. Don't miss out. http://t.co/CegHr7A8Dx http://t.co/AXli...

#### Tue Sep 15

4:18pm Considering biosphere/life more important than inorganic universe is a bias of life/human. In Tao's view, both are equally important 4:26pm List of things that are considered important by ego:me,my brain,my family,sex,nation,race,species,planet,galaxy...my matters(organic matter) 4:52pm In Taoist philosophy, the perceived importance of inner circle surrounding the ego(a discriminatory/territorial mind) is bias and illusion



4:55pm RT @cosmology\_club: How different cosmology theories could fit into a cyclic cosmology model https://t.co/bUosqhQ50M http://t.co/ s3IVOPooIs

4:55pm RT @PrehistoryStudy: Ouroboros, the ancient symbol of a snake/dragon eating its own tail, is a representation of a cyclic cosmology https:...

7:35pm (Vegetable) soup can resemble the composition of earlier ocean, where life originated. It can be nutritious and healthy.

7:37pm Health: There isn't much difference of eating

inside(digestive)&outside(by skin).Do you put deep-fried food or meat on the face as skincare?

7:40pm Healthy food is often good skincare. Would you dare to wear your food?

8:19pm If you like the flavour of(stir)fry food,boil the food with small amount of water or stem first,mix with oil in the end.The taste is similar

## Thu Sep 17

8:05pm Grasp of unity of oppositions is similar to grasp of zero in math: absence of a quality,eg No., order, is a type of the quality.
8:42pm Faster reaction is not more intelligent. It may be a predator/consumer trait. General reaction speed in nature: carnivore>herbivore>plant

9:17pm Do not spend too much time with news, there's much untrue / inaccurate information. Nothing really happens overnight. Time tests the truths.

## Tue Sep 22

1:43am Non-cooperation is effective in dealing with predatory/invasive individuals/groups.Because these people survived on parasitizing nice people

1:52am Before&after photos teach us looks are not important. Good-looking things may be more deceptive. Being superficial is not wise5:56pm RT @seekerdwd: @TaoismNetwork @TaoismLivingYes because our true essence lies within not from without.#inmycontemplation

## Wed Sep 23

12:31am RT @frogesh65: @Animal\_Network @TaoismNetwork breeding calves for killing is awful,and a lot of water wastage.

3:27pm Welcome new friends of @TaoismNetwork. We are all connected. @1 UniversalMind

3:29pm RT @anitalunt: Check out: @Taoism\_Science @PhilipAmoila Thank you for the follows and offers!

4:35pm Debts(eg moral debt,unconscious guilt,of taking advantage of others,high with drugs)often gives 1 more troubles than benefits.Need payback

5:45pm Sex drive links to high level of male hormone https://

t.co/3AKirjEHsd Liking sex is not feminine. Sex culture is masculine 5:51pm Taoism likes feminine culture, discourages sex(eg pornography), violence in media (eg film, games, online)

5:59pm Sex drive links to insecurity. Sluts often have irresponsible/ uncaring parents, regardless how much money they are given.

7:09pm Many scholars, eg author of https://t.co/PmyXNJEeOT, consider Taoist religion the corruption and degradation of Taoist philosophy

7:23pm RT @TheVeganSociety: If I focus my criticisms on how dogs are treated in a culture NOT my own, this MAY arise from my unexamined #speciesis...

7:23pm RT @TheVeganSociety: We offer help with this challenge, esp. for #white #vegan folk: to see & end #racism in animal activism @carlyjane45 ...

7:23pm RT @TheVeganSociety: Each of us living in a #racist culture has internalized attitudes of #racism: not a personal attack, a general fact. @...

7:28pm Methods of resolving crisis of resource/environment:1)reduce per capita impact(carbon emission) 2)control population.Only seeing 2)is biased

7:35pm RT @adrd12014: 2012 study of 15,874 British: Low cognitive abilities predicts racism. Findings of USA are similar http://t.co/ WH6kuFJGtx 7:38pm RT @adrd12014: Animal rights: Large survey found lower meat consumption is associated with higher intelligence http://t.co/m3PvUoV5s2

7:39pm RT @adrd12014: Australia: more than 80% report they are victims of racism http://t.co/3T9pBmUBRK

7:39pm RT @adrd12014: Survey shows, racism on the rise in Britain since 2001 http://t.co/J04azT6X5L

7:39pm RT @adrd12014: USA: Racial attitudes have worsened since the election of Obama, majority are racist to black http://t.co/9p8jjUmZ3h 7:39pm RT @adrd12014: About 1 in 3 british people admitted they are racist to some extend http://t.co/7t8isMwGsq

7:39pm RT @adrd12014: Australia: More than 80% think there is racism in the country and it should be changed. 10% are racial separatists http://t....

7:43pm RT @Animal\_Network: Dairy links to the killing of calves. World milk consumption per capita. http://t.co/nSiRwWWTyG Darker=more milk http:...

7:43pm RT @Animal\_Network: World meat consumption per capita from http://t.co/lAOzS1eNpd Darker red = more meat http://t.co/ WVDCu7Bb1Q

7:44pm RT @adrd12014: Carbon dioxide emissions per capita. Dark red is higher. CC BY-SA 3.0 by Dbachmann: http://t.co/CDeEknsFNc http://t.co/fzS9...

7:50pm RT @Taoism\_Science: The logo shows the main elements of the book 'Taoism&Science':parallels of Taoism and science: http://t.co/ RIZN4dy5ef h... 9:14pm Taoism emphasizes responsibility to upper and lower generations.Families in Taoist culture have prolonged parenthood & care for elderlies

9:31pm Names have life-time impact on psychology, are important.Taoist parents often carefully name the kids to balance their disadvantages

9:44pm Example of Taoist naming of kids:if the kid is hyperactive, the parents can use characters that imply patient in the name. It adds balance.

## Thu Sep 24

12:01am Our new book 'Natural Alternatives to Household Chemicals' http://t.co/scLPGvLxCm

5:39pm The No.represents Tao, Zero, is a circle in Hindu-

Arabic&Chinese numeral system.Eastern cultures believe a cyclic

Universe.Not a coincidence

5:59pm Relationships of No.in Hindu-Arabic&Chinese numeral system:

 $\odot$  0 — 1  $\equiv$  2  $\equiv$  3 Chinese1,2,3(left column) parallel with symbols of I-Ching/Bagua

6:13pm BaGua Symbols:Sky Marsh Fire Thunder Wind Water Mountain Earth Each line is a result of divinations: http:// t.co/E82yHio9Q0

7:50pm Many details of Taoism are not explicitly mentioned in the texts, because they are common sense in the Taoist culture:too obvious to mention

9:21pm The great flood really happened. It was the melting of the last ice age. Many cultures worldwide, eg Taoist Chinese, have stories of the flood

#### TaoismNetwork's Twournal

## Fri Sep 25

6:24am Search Google images by keywords 汉服 you will see many Taoist dress



3:41pm Some Taoist dresses. Screenshot of Google images ( by keywords 汉服) http://t.co/ft9F2Z52e4

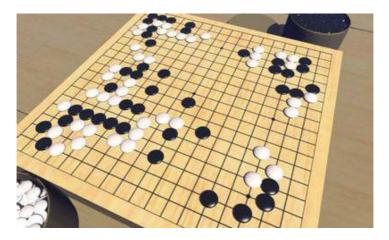
4:26pm Taoists created the world's longest running sequence of astronomical records, recorded supernova of AD1054 (SN 1054) https://t.co/BCWNCunZ12

5:19pm There were many ice ages. Ice age is cyclic. Everything is cyclic.5:21pm It is necessary to distinguish people who are creative from people who are good at taking credit of others. Many can't tell the difference.

5:28pm Many people/groups famous for certain inventions got their ideas elsewhere. They are famous because they are good at marketing(invasive) 6:23pm RT @adrd12014: Common discrimination tactics: defamation, blaming the victims. Learn how to defend victims of discrimination http://t.co/MX...

6:46pm Many Taoist texts,eg 太平经,化书,孙真人卫生歌,感应篇, have explicit instructions of animal rights. Text 阴骘文 asks people avoid step on ants/bugs when walk

6:54pm People who are insecure need approve(eg titles)from other people.Be the best of you, get approve from yourself(the deepest you is the Tao).



11:21pm Typical Taoist entertainment:go(national chess of China)https:// t.co/aXuAOgUq7q Learn/play go https://t.co/6VWqO9hbLt http://t.co/ qz30TeRV26

11:29pm Females often understand Taoism better than males. Taoism is female(Yin) comparing to other major religions

## Sat Sep 26

12:26am PISA survey: Taoist regions lead math ranking, Chinese 15-

year-olds are about 3 years ahead of peers in most nations http://

t.co/4hqxbUMmwO

12:31am Promoting masculine culture (eg sex and violence) is detrimental to the development of math/science.Taoism is feminine and scientific

5:44pm Pulp paper making, one foundation of the distribution/

development of knowledge/science, was invented by Taoists: https://t.co/jgR2elyyto

7:32pm Today is major Taoist festival Mid-Autumn Festival https://t.co/ wodlilHU8X Full large moon tonight,some regions can see (red) moon eclipse

7:48pm Taoists believe a cyclic universe, love the round shape of moon and mooncake. Circle is completeness.

11:34pm Do difficult/unpleasant tasks first, then the future will get better and better.

Sun Sep 27

12:34am Mooncakes ( https://t.co/kiQ7UqLASi ) are eaten during Taoist festival Mid-Autumn Festival.It symbolizes reunion. http://t.co/ KfKLYPFPIJ

5:01pm Chinese phrase for 'buy grocery/shopping' is 买菜.It literately means'buy(买)vegetables(菜)'.Traditional Chinese diet is plant-based Taoist diet



5:30pm Noodles soups of green vegetables are wonderful Taoist dishes. Easy to cook, nutritious, and delicious. http://t.co/6l75NHB7QM

# Mon Sep 28

3:06pm @rodneyacooper U can only draw such conclusion if u completely removed Taoism from mind when take medications.C 'scientific control' online

3:25pm Degree of understanding Taoism often is uncorrelated with No.of year of study.Main stream culture of one's society is an important factor 3:33pm Deep understand of Taoism requires deep understanding of Chinese languages&the Taoist culture.Reading a few translated texts is only a taste

3:37pm @rodneyacooper Meditation is a part of Taoism. It's in our FAQ of Taoism http://t.co/rzAXjVmQSE

4:02pm Taoism appreciates diversity,often opposes 'correction' of natural human features that are considered not 'standard',eg looks,intersex

4:15pm [Balance] There is no universal standard of well-being. Everyone is different. There is no clear line between state of ill & healthy.

4:57pm @rodneyacooper You misunderstood. Meditation/thinking is a part of Taoist philosophy(Taoism). Study Taoism more.

5:40pm Bipolar disorder is opposite to Taoist mind. Good emotion is stable/zero emotion( peaceful). Study Taoist philosophy can treat the disorder

6:05pm Evolution of Chinese characters, from the earliest known pictographic forms, to the versions used today http://t.co/9FGHZboIaa 6:37pm RT @Animal\_Network: Claimed safety of tested drugs, list of (150+) withdrawn drugs http://t.co/qzixbvFYzv

6:38pm RT @Animal\_Network: Natural medicines of life forms (such as humans) are tested and selected by billions years of evolution http://t.co/ eDM...

6:48pm Taoism generally discourages 'allopathic drugs'/GMOs because they aren't sufficiently tested in the time frame(billion yrs)of bio evolution

7:23pm Preventative medicine https://t.co/xmCczUZEo8 is a major part of Taoist medicine.Medicine does not equal to treatment or drug.Be holistic 10:29pm Gardening&living with other animals have many/similar positive effect on mental healthy.Plants are 'animals',humans are unconsciously aware.

10:55pm A documentary about the sentience of plants:The Secret Life of Plants https://t.co/yT1Tle7Ykn Igorance is not nonexistence

#### Tue Sep 29

3:57pm Chinese character of green leafy vegetable is菜.The character also refers to dish in general.Traditional Chinese(Taoist)diet was mostly green

#### Wed Sep 30

6:51pm Taoist instrument guqin https://t.co/TSsPFUkB4V https:// t.co/i9Y5wLVAWu Find more guqin music in our CD http://t.co/ scLPGvLxCm

## Thu Oct 1

7:57pm @1Biotensegrity Thanks for the info. This account is a free course. Or you can read 'Taoism and Science' on our site, it is our textbook

#### Sun Oct 4

4:20pm Strictly speaking,1 cannot say study common subjects holistically(eg holistic economy).There is only 1 subject,Tao,when study holistically

4:37pm Taoist deities Lü Dongbin&Zhang Sanfeng both practised&taught sex restraint.Authentic/mainline Taoism discourages masculine culture(eg sex) 4:46pm Taoism encourages 清(clear)心(mind)寡(fewer)欲(desire), asceticism https://t.co/TkiPV6j6tl 5:12pm Key points of Taoist philosophy,eg.environmentalism,veganism,sex restraint,are suppressed when it spreads to patriarchal societies/cultures

#### Mon Oct 5

2:15pm Book: The Tao of Zen https://t.co/soBAccHY10 Zen is a rebranding of Tao(Taoism)

2:34pm We are cleaning the following of inactive/spam accounts.If you are active, please tweet at us.We will follow you back. Love&Peace 3:02pm How we clean the following: we unfollow all first, then add back from records of recent interacts.If we miss you, plz tweet @ us to remind 3:17pm We do not follow back accounts that violate twitter rules https://t.co/IGbFgfUO0v

4:29pm Charities and non-profits are generally more Taoist than 'businesses'

4:43pm Polarity of culture of Asia. Yang polar : North West, Yin (female) polar : South East

5:40pm Many equal Taoism to fictional Laozi&'his book'道德经.It's patriarchy's misreading of Taoist philosophy.Laozi was promoted by Taoist religion

5:54pm Difference of Taoist philosophy&religion,is similar to,difference of Science&religion.In China many love the philosophy,dislike the religion

7:13pm Equaling Taoist philosophy to Tao or texts is against holism of Taoism. Taoist philosophy is a culture and lifestyle. Study holistically.

# Tue Oct 6

3:28pm LGBT(eg gays)in Taoism : Yang - respect diversity(spectrum of human sexuality);Yin - encourages sex restraint (less emphasis on sex culture)

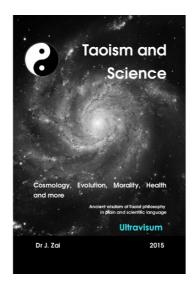
8:57pm Taoism loves fast.Animals in the wild naturally fast. BBC documentary on the health benefits of fasting https://t.co/O1jRozBt35 '1meal/day'



9:19pm RT @RawVegan\_Club: World overweight and obesity maps from WHO http://t.co/pxsxVgDTS5 darker is more obesity http:// t.co/1bNWYSHGu0

#### TaoismNetwork's Twournal

#### Wed Oct 7



1:17am Our textbook' Taoism & Science

'(@Taoism\_Science)Cosmology,Evolution,Morality,Health and more

http://t.co/scLPGvLxCm http://t.co/8thJ6UEnnv

5:13pm Green principle not only encourages u eat green

vegetables.Generally,vegetables&fruits with more/darker green r

better.eg 4 apples,green>red

10:53pm Being 1 with the Tao(grasp universal equality)brings you peace:everything is equally important=nothing(includes your troubles)is important

11:01pm Taoism believes a cyclic universe.Human culture is cyclic too.Ancient wisdom of Taoist philosophy is becoming a new fashion:'past is future'

## Thu Oct 8

12:00am Taoist(cyclic)logic teaches us good things(love,sunlight,open source software etc)are often free/cheap:priceless=unlimited money=0money

12:47am Q:Daoism or Taoism?Which spelling is correct? A:It doesn't matter. If you take originality seriously, the 'correct' one is 道

5:03pm Overweight/obesity increases the risks of,heart

disease,stroke,breathing problems,the top3 causes of death worldwide http://t.co/PUJjhFzVMm

5:20pm Taoist(cyclic)logic : abusing others (eg. eating into overweight/ consuming excessive other creatures) = abusing myself(eg. poor health)
5:46pm Taoist medicine looks after the integrity (oneness of a mini universe) of animal ( eg human ) body.

#### Fri Oct 9

4:57pm Similar to scientific writing, Taoism generally encourages moderation, discourages extreme behaviour/statement, eg 'it is 100% my contribution'

5:05pm Extreme statements are often untrue, eg 'Humans are all corrupted'. People say extreme things frequently are likely to be more aggressive.

5:16pm Bipolar disorder is an example of human behaviours that deviate from Taoist moderation: https://t.co/jMccDKNhEp

5:47pm Taoist(cyclic)logic:If I go inward(introspective),I become the Universe.If I go outward(aggressive/invasive)I miss the big picture(Universe)

8:09pm General masculinity of policies of major parties:[AU]LNP>Labor>Green;

[US]Republican>Democratic>Libertarian>Green;

[UK]Conservative>Labour...

8:19pm Taoist philosophy doesn't encourage cliquing behaviour(eg forming parties/sects).The ultimate Taoist 'group' is decentralised/all-inclusive

8:30pm One cannot properly advance left-wing/feminine/green/ Taoist/nice ideas with a right-wing structure(eg cliques/'closed religion').Embrace all

## Sat Oct 10

12:28am RT @kami63116: Oprah Winfrey discusses Racism ft Jane Elliott. #racismisamentalillness http://t.co/v1K7bBtLph via @youtube

# Mon Oct 12

12:38am 得道多助 is a common Chinese phrase from ancient literature. It means:Those who understand/follow Tao (universal 'law'), receive more/much help

1:03am Taoism's view of anthropocentrism:Humans are neither hero(master species) nor villain(destructive). Humans are insignificant in the Universe

5:58pm Taoism loves unity(summarize things).Cartoon/animation is often more Taoist then other films: visual part(pictogram) is abstract of vision

6:02pm Cartoon/animation is popular in Taoist region. Because the culture appreciates/comprehends high degree of abstracts/unity of reality.

6:05pm Taoism loves the simplicity at the 'root' of diversity/complexity



6:20pm Chinese cartoon character Sanmao is one of the world's longest running cartoon characters https://t.co/6zrsotagi7 http://t.co/oiJayVcMvh 6:34pm Taoist paintings are often abstract/cartoonish, some examples(search images by keywords 国画) http://t.co/Ka164AjkKt

# Thu Oct 15

4:20am Increase of global temperature(Yang weather)links to rise of matriarchal/scientific/Taoist societies(Yin culture) https:// t.co/9NrGWMy8Qj

6:05pm Soil is the Yin/nourishing end of I-Ching/Taoism.Playing mud is natural skincare:sands are exfoliation,balanced chemicals nurture your skin

6:29pm Wu-wei:Nature has the best design,other animals know it https:// t.co/7Rl4kJFE8k Rethink 'technology'&'The Superior Human?'(2012 documentary)

# Sat Oct 17

4:24am Most common method of infusion of herbal medicine in Taoism is extracting compounds by water: cooking concentrated herbal soup then drink it

4:37am Good cookware for cooking herbal medicine&food in general is clay pots.They have little chemical reaction with the compounds from herbs&food

## Mon Oct 19

4:49pm RT @MatriarchyStudy: Females on average are: more empathetic,holistic,peaceful,honest,patient,cooperative; less risktaking,hierarchical;.....

# Tue Oct 20

11:16pm Small waist is real feminine https://t.co/iYMH5LF4ic Large breast isn't:more torso fat links to more male hormone https://t.co/gLiNyuRawX

11:23pm Obese men can have large breasts. Search images of 'man boob' online if you want verification.

11:36pm Avoid tight clothes. They are detrimental to the circulation of your body channels. The circulation is a key to health in Taoism. 11:48pm Common undergarment for upper body is du-dou (肚兜) in Taoist culture, females don't wear tight bra. Search keyword 肚兜 online

for images.

# Thu Oct 22

3:43pm Moderation is a direct application of Taoist cosmology(cyclic universe). If one doesn't understand moderation, one doesn't understand Taoism

#### Fri Oct 23

1:36am Taoist moderation is from grasp of 'extremes meet' (cyclic universe). Avoid going extremes as it would send you back to the opposite end

1:51am Common Chinese phrase 乐极生悲 means depression develops at the extreme of happiness. Be moderated-authentic Taoist lesson for bipolar disorder

## Tue Oct 27

5:23pm Polarity&moderation of colour spectrum:Yang endred(materialism);Yin end-purple(spirituality).Environmentalism,green,is a moderate Yin end

5:32pm Cyclic universe is a central view of Taoism.Search images of 'colour wheel':colour spectrum is actually a circle.Purple is next to red

## Thu Oct 29

4:24pm Physical world follows physical laws;0 of physical world(mind)follows 0 laws(random);Mind has free will&links random:https://t.co/E82yHio9Q0

4:38pm Why I-Ching reading (based on random results of coin tossing) can read your mind: https://t.co/E82yHio9Q0 It is the ultimate science (Tao)

## Sat Oct 31

6:39pm Abrahamic religion(Christianity/Islam/Judaism)vs.Taoist philosophy is like ice vs.water(identical&different),Buddhism is water-ice mixture 6:51pm If we melt(removing dogma) religions(ice of human culture), we get Taoist philosophy or holistic science(water of human culture)8:31pm Taoist 'creation'(everything comes from nothing)is 'common sense'.'Everything' is often exchangeable logically with 'nothing' in statments

8:40pm In the Universe, everything is important=nothing is important; everything is consciousness=nothing is consciousness; everything=nothing

#### Sun Nov 1

12:48am Taoism doesn't like dogma(hard structure of culture).Laws are dogmas. Law-worshipping is not Taoist.Be pro moral/Tao https://t.co/ AuJMv7e2nD

1:24am Everything(eg humans)can fully 'comprehend' the Universe in 'deep meditation'.Because the mind becomes(fully connect with)the Universe/God

2:33am RT @Katie\_Cossack: @TaoismNetwork how accurate!!!! This is exactly how i feel omg

3:18am RT @Katie\_Cossack: @TaoismNetwork deep deep!!#
3:27pm Many popular translations of Taoist texts/quote misread
Taoism.Honesty is very important in Taoism.Taoism does not encourage tricking people

3:48pm Taoism loves connectivity. Deceptions are blockages of information. They are seen very negative in Taoist philosophy.3:51pm The invisible leadership that was praised by Taoist text isn't hidden tyrant.It's 'coordinator' who follow interests of the population(Tao)

## Wed Nov 4

5:20pm Common Chinese phrase 道法自然 is from a Taoist text. It means the method of Tao( Universal law https://t.co/fMuslHCfeU ) is self-organisation

## Thu Nov 5

7:16pm Moderation of sex spectrum&fate reading in Taoism:extremely masculine men&extremely feminine women often don't have good fortune in life

7:25pm General principle of mate choice in Taoism:Find someone who is opposite to you(comparing to the averages),who can add balance to you

## Mon Nov 9

4:16am Taoists are humble because they see larger context (can be as large as the Universe). The wider the horizon, the smaller the ego relatively.

# Fri Nov 13

4:53pm Honesty&commitment:Decline people now is better than disappointing them later.Misleading people u r committing but don't do is bad in Taoism

5:37pm U don't have to smile.People who smile all the time are faking.Positive&negative emotions should be even out.Being peaceful is zero emotion

# Wed Nov 18

3:23am If one does not like environmentalism, one does not understand Taoist philosophy 3:29am Average people understand Taoism better than Tao-Te-Ching(Taoist Text)worshipper. Taoist philosophy likes 'equality', dislikes 'authorities'

3:41am Taoism sees everything is equal https://t.co/fMusIHCfeU
Communism of Marx only sees human animals are equal.
3:53pm Study ecology,relationship between life forms is
collaboration,not competition,at basic level. Desertification is often
losing collaboration

#### Thu Nov 19

4:21am RT @Taoism\_Science: V4.0 of 'Taoism and Science' is released, with 26 pages of additional information. Download https://t.co/ n1FzOEuzyO htt...

#### Sat Nov 21

4:35pm Tree of knowledge of good and evil is forbidden in the Eden, because it gives humans discriminatory mind & blindness of unity of oppositions

4:54pm In Islam, tree of immortality is forbidden in Eden, as fear of death creates immoral behaviours. Taoist philosophy is indifferent to death

4:55pm Same root of religions/cultures:Eden of Abrahamic religions is quiet Taoist. Different religions recorded an older peaceful human culture

7:11pm 'One should never be extremes' is common misreading of moderation;Everything(eg.being moderated)should be moderated.Be extreme occasionally

7:19pm Taoist philosophy has more respect to other life forms than most abrahamic&indian religions. It doesn't put human animals in a higher class

7:42pm Tao Te Ching is a comprehensive/deep book,but it has problems(eg. overgeneralisations).Don't worship it.Be flexible.Get the overall message

10:20pm Increase of longevity is a myth.Classic of Taoist medicine,'Huangdi Neijing',clearly mentions prevalence of centenarian at very ancient time

#### Sun Nov 22

8:12pm Cyclic

Universe:Extremes(love&hate)meet.Often,love=hate.Couples know it.'Real opposite' of love/hate is indifference.Don't 'hate' your enemy

## Tue Nov 24

5:21am Avoid plastic(bag,bottle etc.), for your health and the environment

8:58pm Don't be deceived by looks.Many sharp looking plants/flowers/ mushrooms/animals are toxic. Humble looking lives (eg.Taoists) are likely safe

# Wed Nov 25

4:39am Coastal tropical weather & ecology (food etc.) are generally good for health. Patients & elderlies should consider moving to such places

5:37pm Wu-Wei:Although we can extract compounds of herbs by many methods.The best way to enjoy the benefits is often eating the leaves fresh&raw

#### Wed Dec 2

12:15am Moral is the glue of societies. Real social people have good moral. Fake social people are manipulators, they are actually antisocial 12:28am Many so called social people are actually invasive, antisocial. You don't have to be fake social https://t.co/

invasive, antisocial. You don't have to be lake social http

mgwunIF1IW Meditation is social

12:31am Meditation not only can connect you with the interests of all humans, it can connect you with the Universe. Meditation is extremely social

10:53pm IMF recognised Chinese Renminbi as one of 5 major world currencies.Others are USD,Euro,Japanese yen&pound sterling https:// t.co/SxUEBgibgC

# Thu Dec 3

1:30am 'The more I do, the more I achieve.' If one has this view, one does not understand (Wu-Wei/nonaction of) Taoism2:13am Lying is a form of aggression or violence.

## Fri Dec 4

5:39pm RT @PermacultureWeb: There is no such thing as weeds,check out https://t.co/dJPHzDQmrK You have wildcrafting/open pollinated/ non-GMO herbs ...

5:39pm RT @FilmGenerator: FilmGenerator loves diversity #HRM2015 @Fair\_Inclusive



5:40pm RT @cosmology\_club: Criticism of academic disciplines https:// t.co/3laybSpNQI Think out of the 'boxes'(disciplines) https://t.co/ PaMVEaYLm1

## Sat Dec 5

11:14pm Honesty is a smart long-term strategy. Lying has domino effect:Changing one fact, means every fact would need to be changed. Work less

11:15pm In the Taoist culture, verbal agreements are often taken as serious as written ones: People don't do what they say have bad reputation

#### Mon Dec 7

6:00am RT @TheSageOfThyme: @TaoismNetwork you know I love to work less!

## Tue Dec 8

3:52pm Quantitative research:High level of aggression relates to low IQ. https://t.co/2PUmMPi4Ll Aggressive people are often stupid

#### Thu Dec 10

9:55pm Popular food production systems are unsustainable/inefficient. Use industrialized(cold climate)agriculture in warmer region is a mistake 10:03pm Shortage of intelligence(knowledge of living in harmony with nature)leads to the fear of resource shortage&invasions/wars.Wars are stupidity

10:16pm Wu-Wei (laissez faire) of Taoist philosophy asks people observe/follow the rules of mother nature. So they can do less, get more

#### Fri Dec 11

2:50pm Common responses of stupid aggressive people to ownproblems: Lying, blaming on others, & robing resources from others.3:13pm Taoism discourages human aggression

## Sun Dec 13

2:59pm Earth gets 3 million EJ energy from sun a year, humans only use about 500 EJ a year. Humans are 'short of' intelligence, not resource/ energy

#### Mon Dec 14

9:41pm RT @Taoism\_Science: @TaoistJoe @DivineHedonist nothing wrong with setting.Many cannot send us DM.BTW did you notice some non-Taoists preten...

9:41pm RT @Taoism\_Science: @DivineHedonist We notice some Taoist Twitters were harassed by spam(eg porn followers, fake Taoists). Did you get thos...

#### Tue Dec 15

5:46pm Consumerism(buy&trash)violates many principles(eg. green,moderation,wu-wei)of Taoism. What's wrong with consumerism https://t.co/3aWPBp3iNw

#### Fri Dec 18

4:06am Taoism in @StarWars https://t.co/Z4rLgLDlyt 'Both the dark (yin) and the light (yang) are present in the Force (as they are in Tao)' 4:19am New @StarWars film, Star Wars: The Force (i.e. Tao of Taoism https://t.co/fyn2Xl9uLi ) Awakens' released https://t.co/EMDwNYULEs

#### Sat Dec 19

3:55pm Natural Ejaculation Control Technique in Taoism,'strengthen bodies,reverse aging& enjoy better,healthier sex lives' https://t.co/ H4oOFmh4eM

#### Sun Dec 20

5:09pm Thermal dynamic&Taoism both think:things have tenancy of becoming disorder (yin), if energy were provided,order (yang) can increase locally

5:20pm Biology in thermal dynamic&Taoism: Life is local orders(eg DNA). Orders tend to decay(die).Lives are sustained by obtain energy from outside

5:29pm Physics&Taoism both think system at low energy state tends to last longer.Wu-Wei of Taoism is the low energy state, helps increase longevity

5:37pm We reached 1K tweets. If you would like to receive a certificate of attending this course, please email us student@Taoism.GoodEasy.info5:55pm Holidays are great opportunity of trying desired lifestyle.Practise Taoism (low energy lifestyle) can repair you(mind,body)&save your money



Sat Dec 26

5:54pm Certificate of attending this online course. Get yours from student@Taoism.GoodEasy.info https://t.co/OHtyhTLbfm

# Sun Dec 27

7:39pm RT @PermacultureWeb: Crop rotation( https:// t.co/zR2oe4SmiW ) is a common practise. It has many benefits(soil,yield,insect control), becaus...

#### Mon Dec 28

2:09am The true/biblical Hebrews, such as Jesus Christ, are black Africans https://t.co/GVfWZszZdI

3:08am Aggressive groups often change facts of history,downplay the contributions of peaceful groups, to elevate confidence. They are insecure.

3:20am Taoism dislikes racism.Some people advocate they are superior, because subconsciously they feel inferior.This is the balance of Yin&Yang

3:44am Keeping carnivores,eg cats,dogs,as companions has ethical dilemmas.Why kill some(eg cow,pig)to save some?Common Taoist pets are herbivorous

3:59am Taoist goddess of the Moon, Chang'e,has a rabbit, Yutu (ie jade rabbit) https://t.co/AtXqCaZAY2 Chinese lunar rover was named after Yutu

4:15am The image of Chang'e is very Taoist/Yin,It is said1)she lived at about 4K yrs ago, 2)is a beautiful female,3)links to moon,4)has a rabbit...

#### Tue Dec 29

9:44pm People often assume things that are difficult to get are better/ more valuable. Taoists know this largely is not true. Go with the flow/Tao 9:53pm Working more does not equal to achieving more.Some people work hard because they have low efficiency. Non-action is an effective action.

10:03pm The Universe is cyclic in nature. Not so intelligent people work hard to 1 end, then realise they are on the other end, hard work is wasted.

# 2016

# Fri Jan 1

4:31am If you are interested in Taoism,you must look into the poetries&lyrics of ancient China,such as this beautiful one https://t.co/ ZyVTEjk4MU

9:02pm Goal of Taoist beauty:REAL beauty,eg being beautiful naturally,without the help of make-up etc.,being beautiful always without effort

## Sat Jan 2

10:45pm Exercise: Everything has 2 general genders/sides,

Yin(female)&Yang(male). Identify genders of the 100 common things https://t.co/73QSKeJPgu

11:02pm Exercise:Everything is cyclic(eg Day-night cycle,cycle

of life/water). Describe cycles of the 100 common things https://

t.co/73QSKeJPgu

# Mon Jan 4

1:12pm RT @Taoism\_Science: Introduction of world-class textbook 'Taoism&Science:Cosmology,Evolution,Morality,Health&more(June 2015)' https://t.co/...

1:30pm Exercise:Everything is connected to everything else.Generate 2 random things here https://t.co/wricNGrZAZ & describe their connection.



4:56pm Nazism is opposite to Taoism https://t.co/GijElNOUbB5:22pm Many grasses have a robust strategy,decentralization-root at nodes of stems,grow into a network of independent plants. Taoism loves grassroot

5:53pm Grassroots movement (Yin) is very effective in dealing with structures of dictators (Yang). Extreme Yin (powerless) is Yang (powerful)

6:24pm In bibles, Jesus said "I am the way" https://t.co/eGZ3QyFPvZ Tao of Taoism (Universal order) was historically translated to 'the way' 6:46pm Dominate culture is addicted to Yang(male,happy,sweet flavour etc). Taoism reminds people the importance of Yin. Sometimes Taoism is pro Yin

6:58pm People like taking photo of smile, because happiness (Yang) is assumed to be good. Taoist culture has examples that sadness (Yin) is seen better

7:07pm Some people don't appreciate the emotions of films/music of East Asia, because they don't understand the appreciation of sadness in Taoism

7:35pm 为赋新词强说愁 is a famous line of ancient Taoist lyrics. It's about a happy youth forces himself into sadness,to make his writings look cool

7:40pm Bitter&sweet food are Yin&Yang. Many herbs taste bitter. Many people don't have balance, take too much Yang (sweet), not enough Yin (bitter)

8:01pm Natural hair growth is important in Taoism. Cutting or shaving hair is not Wu-Wei. Ancient Chinese commonly had long hair8:13pm Taoist culture values sadness.Sages are sad often because they are more intellectual and empathetic of others' problems, compassion fatigue

11:21pm Japanese epic animation 'Princess Mononoke' is Taoist https:// t.co/34eFrWAjQa https://t.co/8Heh1EQ8tC

## Tue Jan 5

12:02am If u live very healthy/green,u realise many 'technologies' (eg, fridge,oven,household chemicals) are useless,detail: https://t.co/ XEtgo3IAXR 8:55am Doubt the efficiency of grassroots movement? Think about the difficulty of completely getting ride of unwanted grasses & their fast spreading

#### Fri Jan 8

1:02am Appreciation of sadness in Taoism:one common greeting line for religious Taoists is 慈悲, it literally means compassion(慈) and sadness(悲)

1:21am No 1 can go against Tao.Immoral people defame/frame nice people for advantages.But by doing so,they reinforce the view morality is standard

#### Sat Jan 9

5:47pm Botulinum,the toxin produced by a common bacteria in digestive system from meat, is the most acutely lethal toxin https://t.co/tkAQSdHWkq

6:21pm The Tao (Universal laws) punishes those who are not compassionate to other creatures by meat toxin Botulinum,the most acutely lethal toxin.

6:45pm [Vegan & Meat Toxicity] prevalent cruelties in nonhuman animal agriculture: #farm365 Consumers are responsible for the cruelties

7:03pm The cruel #FactoryFarming (concentration camps) was not a part of Taoist/traditional Chinese agriculture

9:48pm Vegan & Meat Toxicity:Common meat toxin, botulinum, is about6 million times more toxic than sodium cyanide, according to the LD50values

10:17pm Wuxia (武侠) is a super popular genre in the Taoist region. It is a mixture of fantasy, martial arts & Taoist culture https://t.co/ gceW5e7qTy

#### Sun Jan 10

9:51pm Data obtained from 2015 study of Chinese population:average height of 18 YO above-161cm, weight-62kg, BMI-24 https://t.co/ B0bvaEO9nU

10:01pm Taoism supports animal rights, online calculator of attitude to animal rights https://t.co/uJJprjQuzV

#### Tue Jan 12

4:39pm Diet and nutrition made easy: raw green vegetable and fruits should be your first/main choices. Avoid other food or take them as supplements

5:00pm The optimal diet for humans isn't much different from the common diet of a chimpanzee in the wild. Taoism dislikes human supremacy

## Sun Jan 17

2:34pm We know how to make tofu, 'soy sauce' ('soy sauce' is bad translation, the original name,酱油,only means sauce) from other beans (non-soy)

2:35pm Healthy Taoist food tofu can be made from different types of beans. It doesn't have to use soy.We can still enjoy tofu under GMO threat

2:44pm It violates the diversity principle of Taoism that people depend on only a few species. Build link with more species. Love biodiversity.2:54pm Taoism loves diversity, dislikes monopoly/totalitarianism 3:09pm Taoists are good at understanding intangible concepts. Because the nature of the Universe is energy, qi(气), in Taoism

## Tue Jan 19

2:34pm Yang is higher energy. Energy industry, eg petroleum, is powerful. Agriculture is also an 'energy industry' as it gets solar energy by plants

2:48pm Earth moves closer to Sun(https://t.co/1ArIblqknj)&gets more energy. Energy pattern on Earth is shifting to more bio-energy/ agriculture

#### Sat Jan 23

4:07pm Many religions, such as Taoism, consider trees holy https://t.co/ Rt0YGmy8sh Respect trees

4:10pm Trees in Taoism:Trees are connection of earth,human world&sky; path for Taoist sage to 'immortality'(remembered forever);symbol of longevity

4:20pm In Taoist texts trees are symbol of vitality, have souls,human can communicate with trees by mind, living on tree can increase longevity 4:31pm Taoism sees Yin feature(altruistic,being producer of ecology,slow paced)links to being wise. Trees are very Yin, they can be very wise

4:42pm Find a tree as your mentor, meditate under the 'guidance'(tuning into the reality of the tree)of the wise tree, as did Buddha.

5:17pm Trees/plants&humans are Yin&Yang(great companions), plant input(fertiliser/co2), is our output(waste/exhale). Vice versa.

## Sun Jan 24

3:32pm Empathy towards tree:If u interact with a life(human friend/dog/ tree),ur mind becomes similar to the life.Evolution doesn't 'classify' lives 3:40pm Ignorant people around world are killing (cutting down) our sacred trees like this https://t.co/wt9QaZdpIk

#### Thu Jan 28

10:55pm Taoist/Chinese new year is on Feb 8 in 2016 of the Gregorian calendar

## Tue Feb 2

8:33pm Guanxi(关系) https://t.co/o3jOF46jg8 is a Chinese word for social network.It has been studied by Sinologists extensively.Taoism loves network

## Sun Feb 7

9:24pm Previous life & after life in Buddhism can be loosely translated to ancestors and descendants .You are seen as a cluster of 'immortal' genes

9:57pm Remember 'previous life' or life of ancestors? Many studies show 'memories' pass between generations genetically https://t.co/ MZm602CBfd

10:21pm Taoism understands the cycle of life scientifically, so the term previous/after life isn't used often.Text'Book of Changes' teaches evolution

# Thu Feb 11

6:11pm Evolution of religions: Christianity was similar to Buddhism in the early days https://t.co/bOeoolnTDR, now many mix Buddhism with Taoism

#### Sun Feb 14

1:54pm Taoist diet/fasting bigu(辟谷): eat leaves/herbs and fruits only. It is considered the diet for immortals. Many misunderstand the diet. 2:05pm Degree of restriction of diets: Raw bigu(Taoist diet)>bigu/raw vegan>vegan>vegetarian>pesco-vegetarian/lacto vegetarian 2:16pm #ChineseNewYear celebration does include animal food,as it is the coldest time of the year. It is originally a coping of uncommon condition

2:26pm Taoism is a culture of herbivores, common characters of herbivores: larger population, very social, low aggression, not selfcentred...

2:35pm Bigu(辟谷)literately means 'no grains'. Common Chinese diets in the ancient time are almost vegan. So avoiding animal products is assumed.

2:44pm If you cannot avoid meat, you cannot fully understand Taoism.3:13pm #ChineseNewYear rituals are defence to the coldest time of a year:Eating meat increases calorie,fireworks scares predators&disinfects air...

3:18pm #ChineseNewYear rituals are defence to the coldest time of a year:Family reunite to help each other, cleaning help prevent disease...3:27pm #ChineseNewYear rituals are defence to the coldest time of a year:Visiting relatives and friends after new year to see how are they doing

3:32pm #ChineseNewYear rituals are defence to the coldest time of a year:Red decorative arts(couplet,paper cutting) were warning signs of coldness

3:33pm #ChineseNewYear rituals are defence to the coldest time of a year:New-year-eve dinner is a preparation for the coldest night of the year

3:38pm #ChineseNewYear rituals are defence to the coldest time of a year. Defence evolves into celebration.This is the balance&unity of Yin&Yang.

4:06pm Veganism is very important in Taoism but ancient text don't mention it often. Because texts to herbivores don't need to say 'avoid meat'

4:12pm 2 sides of things(Yin&Yang)originate from each other.

Defence evolves into celebration. Pride people are insecure. Taoists are humble&secure

4:37pm Bigu diet (restrict Taoist diet,eating leaves/herbs&fruits) isn't boring or difficult, you can eat delicious vegetable soup and fruits 5:10pm Bigu diet(eating leaves&fruits)is the most compassionate/no-kill diet,in nature(taking some leaves of a plant),it doesn't even kill plants 5:23pm In many cases we should trust our instinct/feeling,eg. empathy&guilt.Instincts are 'genetic memories'. They are selected by evolution/Tao

6:43pm Concern for coeliac disease is inline with Taoist diet, bigu. But many 'gluten-free' people don't know meat are much larger threat to health

6:47pm If you want to go gluten-free you should first be a vegetarian/ vegan.This is the correct understanding of grain-free diet, bigu, in Taoism

#### Mon Feb 15

7:21pm There are fake Taoist texts circulating outside the Chinese speaking community. Please verify with the original texts in Chinese.

#### Tue Feb 16

6:23pm Looking after your health isn't luxury. Fasting, meditation, sleeping...wu-wei(non-action) are great to your holistic health

#### Thu Feb 18

4:50pm The Taoist word for karma is bao (报), it means return.

Common Chinese phrase 善有善报 means goodness (people behavior etc.) has good returns.

10:13pm Faster aging is an instant karma/bao of aggression. Infants have little aggression. Live like an infant. Learn anti-aging from Taoism

#### Sun Feb 28

8:51pm Cyclic cosmology&equality: 齐(uniformity)物(things)论(essay) is a chapter of Taoist text Zhuangzi.It means essay on uniformity of all things.

#### Mon Feb 29

4:34pm Ecofeminism https://t.co/GwOk4kHAoU is inline with Taoism 4:39pm Laozi and Zhuangzi are 2 best known Taoist authors. Their focuses/views differ, Laozi is Yang. Zhuangzi is Yin & arguably more Taoist.

5:08pm Peaceful Taoist religion 隐宗 means the hidden school. Philosophical Taoists are similar,many don't self-identify as Taoists, they are hidden 5:29pm Many atheists from East Asia arguably belong to the hidden schools of Taoism. This is how the adherents/influence of Taoism is understated

#### Tue Mar 1

2:09pm There are schools of Taoism that see Zhuangzi as the most important figure.But they pursue ultimate peace/Tao & are invisible politically

2:44pm I-Ching is a summary of older science.Some see pre-historical math chart'Lo Shu Square' https://t.co/XFhrHZzFXG as the source of I-Ching

#### Thu Mar 3

8:01pm The most peaceful schools of Taoism, such as 隐宗, avoid political actions such as outreaching/preaching, they can hardly be found by outsiders

#### Sun Mar 6

3:05pm Classic of Mountains and Seas (山海经) from 4th century BC is a world geology book in Chinese.It is largely scientific, not mythological. 3:08pm Many mistaken Classic of Mountains&Seas as mythology because they misunderstand large changes of earth landscape at the end of last ice age

3:11pm Classic of Mountains and Seas recorded more continents and islands in the oceans because sea level was much lower at the end of last ice age

3:24pm Because there were more islands(larger ice cap,lower sea level)at end of last iceage, humans can travel cross oceans via the islands easily 3:33pm Because of the different landscape(more islands in oceans)global human groups were more connected at the end of last ice age than many think

#### Sat Mar 12

5:58am Yin&Yang stay in balance.The rise of communism/ socialism(Yin) in China during WWII was a 'response' to the rise of Nazism(Yang) in Japan

4:56pm Difference of Confucianism&Taoism:Confucianism has clear sense of social class/hierarchy while equality of everything is the key of Taoism

5:10pm Equality in Taoism:Text Zhuangzi has'天之小人 人之君子'.It means the 'elites' in the eyes of humans are the inferior ones in the eyes of Tao/God

#### Sun Mar 13

6:47am Taoist calculator: rod calculus - the mechanical method of algorithmic computation with counting rods https://t.co/8W8Fn5e3ze

## Mon Mar 21

7:48pm Moderation is wise but people often misuse it.Eg. optimal diet isn't the average diet of current humans.Consider evolutionary ancestors

#### Wed Apr 6

3:57pm Physicist John Wheeler sees Universal Law is 'Law without Law'.1st line of most known Taoist text states Tao(Universal Law)cannot be spoken

## Sun Apr 24

3:04am China Ministry of Science endorsed Taoism:YinYang WuXing etc. are required/basic scientific knowledge of citizens https://t.co/ bJ5yMRyT5D

#### Tue Apr 26

9:15pm Taoist cooking slow cooking of soup(小火慢炖 煲汤)is energy efficient https://t.co/RNWLVqe39p safe, nutritious&healthy https://t.co/QI7qj4DTCs

## Sat May 7

11:40pm This Taoist Twitter will have the 2nd birthday in about two weeks. Thanks for being with us!

## Fri May 13

4:25pm A:Other religons r evil.My God is the only God.B: Then ur God is not good enough,he is not the UNIVERSAL God,he is ur God.4:30pm Common phrase'My God'is a disrepect to the God. Humans don't own the God. God is the God of everyone/everything. No one can claims ownership

4:37pm If u think God is the most powerful of the entire Universe, unity of all in other words.U must realise excluding other beliefs is against God 4:39pm Different beliefs are all a part of the Universe. They are all the God's creations.

4:42pm Claiming ownership/authority to God (Tao in Taoism), reduces the God to human property.

4:53pm Closed religions don't believe a Universal God, regardless how they claim. They have a group God.

10:16pm Pyramid scheme shows the harm of hierarchy.Many of the problems are shared with other hierarchies such as inequality,quick-gain,corruption

10:28pm Many differences of Chinese laws come from matrifocal Taoism:Eg not relied on complex text/law,ban prostitution&pyramid selling

11:19pm From a Taoist perspective, the domimate culture has OCD on many things such as cleaning/material/money. We don't need it that much,relax.

11:26pm Practising Taoism can treat obsessive compulsive disorder. Relevant concepts are WuWei(nonaction),moderation etc.

#### Mon May 16

3:01am Taoism is often pro Yin(low energy mode).Humble is Yin, is a safer/stable ground.Braggers are insecure because they are not as good 3:16am Common meditation is a ritualistic rebranding of free/ independent thinking in Taoist philosophy. You can think/meditate anywhere/anyhow

3:19am Its true rituals of meditation help certain people focus. But they are the mean,not the end. What matters is thinking, just like in science.9:52pm Are you really an independent thinker?Can you think independent of your senses? You need to be that independent in Taoism.10:00pm Wisdom of Hulimity:It is common in Taoist culture that people downplay own strength for peace of mind & not drawing attentions of opponents

10:07pm Immoral people may have short term advantages. Taoist people often win in the long run.

#### Wed May 18

4:42pm Love/all-inclusion is the true nature of God/Tao

#### Wed May 25

5:45am Cyclic Universe: the most dangerous place is the safest place, try to be friend with your enemy.

## Fri May 27

7:00pm The real mainstream(eg. overall energy/population motions determined by statistics) is often hidden, it represents Yin, not what is in media.

## Wed Jun 1

3:01pm Saving money (being self-sustain) is making money.

#### Wed Jun 8

7:33pm Dragon boat festival(today)of Taoist calendar is the day of the longest daylight in the Taoist region. Zongzi is the food for the day

## Wed Jun 15

9:10pm Cyclic Universe: Taoism is the real individualism (mind indepedence). Worship no one, join no clique, be yourself.

## Tue Jun 21

4:18am Taoist advices on dating, b urself, choose partner holistically, action through inaction: https://t.co/rWBFt1ljb7

## Wed Jun 22

2:11am Memes(unit of culture)&genes r equally real,both r info.So some choose to passing down cultures(eg good moral messages), not offspring

2:52am Taoists can be so completed (are one with the universe) that they don't need a date (someone to complete them). No marriage for some daoshis

#### Sat Jun 25

3:10am AntiDiscrimination: Intersex people are sacret: they have balanced Yin and Yang. Famous Taoist figure Lan CaiHe is likely intersex

# Mon Jun 27

2:44pm Territorial people care about space, get a limited/divided land ,Taoist/inclusive people don't care, get the entire universe #unity #paradox

5:23pm Don't worry if u fall asleep when u try to meditate. Dream is DEEP meditation. Indigenous Australians call Tao of Taoism#Dreamtime

## Tue Jun 28

5:58pm RT @ZhugeEX: This female robot was on display in Tianjin, China this week. Can show facial expressions and speak. Advanced AI. https://t.c...

#### Wed Jun 29

5:21pm Scientific studies show 2sids of female brains r more connected structurally https://t.co/MuquCNJDQ0 Yin is oneness/ connectivity/'disorder'

#### Sat Jul 2

1:29am Spirituality is everything. If you are in touch with Tao/God, you understand everything. Good singers sing in a similar way of meditation

#### Sat Jul 9

5:16pm Taoist/old China isn't gone. PR China is still 1 of the most Taoist nations despite of foreign influence from eg.nomads,communism,west 5:32pm Taoism roots in Chinese characters.PR China,Taiwan,Singapore,Japan use variations of it in official languages 5:53pm Chinese characters are the oldest continuously used writing system in the world https://t.co/Jb13Rhqoru

#### Sun Jul 10

2:20am Bazi of Taoism is very important.Similar to DNA profiling,it help predict lives based on birth hour.Many English resources about it r wrong

#### Mon Jul 11

12:24am Men that commit domestic violence are often seen as losers in Taoist cultures:They were bullied outside,so they need to seek balance at home

4:21pm Similar to Yin&Yang. Wu Xing (5 elements) is fundamental to Taoist cosmology/science https://t.co/o0YRIGDSXM

159

4:30pm Attributes of the 5 elements:Wood-life,growth;Fireheat,energetic;Earth-neutral,base;Metal-stuctural,organising,Watermoving,flexible

4:52pm Lots of Taoism in Chinese:Eg,Fire element is 'heat,energetic',Fire(火)also means popular,young men r called 'small human fire'(小伙) in Chinese

## Tue Jul 12

11:10pm In addition to month,year&zodiac(Jupiter cycle)etc,Taoist science also observes 60-year cycle,Stems-and-Branches(干支) https:// t.co/JIWuAt8Vpz

11:36pm 60-year cycle is overall impact of planets etc.It is seen in Taoism&science(eg cycle of interest rate,climate&solar https://t.co/ Jubxg1YlRl)

# Wed Jul 13

12:09am Attributes of 5 elements link to synodic period of correspondent planet.Yang rank:永Mercury116d<±Saturn378d<木 Jupiter399d<金Venus584d<火Mars780d

12:19am In Chinese 5 planets that have significant gravitation to earth are named after correspondent elements.Eg,mercury is called'water star'(水星)

# Thu Jul 14

4:30am Carbon footprint could be used as scientific measurement of bao/karma.Low carbon lifestyle is wiser.Calculate karma https://t.co/ qdD6ipEuD1

## Tue Jul 19

6:02pm There was no 'trash'(discarded things recycle quickly,provide nutrition to soil/lives)until humans invented plastic,nuclear wast etc...6:15pm Hierarchical people don't have/understand freedom,There is always someone on top of them tells them what can be done.#slavery

#### Wed Jul 20

3:05pm In the Taoist culture, people commonly have several courtesy/ polite names (字号 https://t.co/YJIvA6k531) that are used in adulthood.

#### Thu Jul 21

3:07pm No life is superior, In nuclear disasters, 'simple'life

forms(Yin)are more likely to survive than'complex'life forms(Yang,more order),eg.human

3:19pm Rise of global temperature links to rise of global green/Taoist movement (https://t.co/mUJ4Fza5SZ):when'spring'comes,green appears/ returns.

3:32pm Global temperature is cyclic.Main factor is cyclic(about 100k y)change of distance between Earth&Sun.Iceages are 'winter',we are in 'spring'

4:02pm 'Western culture' is adapted to colder weather. Industrial revolution was in a little ice age https://t.co/dRUrH8Pz7t

4:12pm Taoist attitude to global warming:Low carbon lifestyle is in-line

with Taoism(See 俭). Fear for the warming isn't(see cyclic Universe).

4:22pm In one of the previous period of global

warming,Cambrian,biodiversity exploded,many complex life forms evolved https://t.co/FTnySpS1lC

# Fri Jul 22

3:56pm Similarity:Yuan of Taoism(缘 https://t.co/ PqDWRGyi1c );synchronicity(https://t.co/p7sN0rqPgv);quantum entanglement(https://t.co/8CJbrZ30Ie)

#### Wed Aug 10

9:30pm Original sin in evolution:humans evolved to be very moral for most of history.Iceage survival forced some being mean with sense of guilt

# Thu Aug 11

9:23pm Taoism is similar to the culture/belief before the 'original sin' in Eden.

# Thu Aug 25

12:05am Warming is good for Taoist thoughts.4th century BC of Taoist author,Laozi,Zhuangzi, were in the global warming knowm as Roman warming period

12:47am Han&Tang dynasties were peaks of Taoist culture,Taoism was state/main religion.Both dynasties match warming periods:https://t.co/ sSef25MQjK

7:56pm Relationships r weak into about 6 years. Its a half of zodiac/ Jupiter cycle, the condition/luck is opposite to the 1 bounded couples initially

# Sun Aug 28

5:07pm Size should be cyclic too.Extreme large is extreme small:Nature of Universe at large should be similar to the 1 at smallest level,eg planck

# Fri Sep 2

2:09am Taoism has strong soft/Yin power. Foreign ideas such as Buddhism, Christianity and communism all become similar to Taoism in China.

7:33pm Bean threads are healthier/tastier noodles:https://t.co/ ZfxU1xykGp They can be under the name like 'longkou vermicelli' in Asian shop

# Sat Sep 3

11:52pm Despite of specific rituals of tea. Teaism is Taoism philosophically

# Thu Sep 8

7:09pm Yin is called six Yang is called nine in I-Ching, Hindu-Arabic number 69 forms the Taijitu visually,2 sides are Yin Yang.Not a coincidence

## Mon Sep 19

10:07pm Qi Men Dun Jia is a Taoist divination system similar to I-Ching https://t.co/T8AWtQptRM

# Sun Sep 25

7:43pm Promiscuity is bad in Taoism for many reasons:abortions are cruel to fetuses, controceptives disturb hormone balance,divorces abuse kids...

8:10pm Women getting naked less in average days(eg. see Islamic&Taoist clothing)can make men more excited in naked sex.Morality improves sex

## Wed Sep 28

2:24pm Year of ur Chinese animal/zodiac(Jupiter cycle)is ur'rebirth' year.U r high on Yang/male energy&more likely 2 have career advancement&fights

2:47pm Ur actual 'Jupiter rebirth years' (本命年) start about a year before ur Chinese-zodiac birth year, as conceptions start 10 months before births

4:20pm Double Yang Festival https://t.co/qj8UIhFBRR is for enjoying nature in autumn and paying respect to ancestors. It's on 9th of Oct in 2016

## Sun Oct 2

4:26pm Four is considered unlucky by some present Chinese. Not so in Taoism. Four Symbols are elements of Taoist science https://t.co/ ImKYIHI43K

## Thu Oct 6

2:13am Nothing is absolute in Taoism. There is another side of story like Yin&Yang. Taoists&good scientists usually avoid absolute/extreme statments

## Fri Oct 7

11:01pm Health:Many 50+ yo men force themselves into hard sports&wear out faster.They need more maintanence,such as meditation,sleeping,bath,taichi

## Sun Oct 9

5:03pm Fortune is often delivered in the form of misfortune.Eg if u lose domination, u r closer to longevity:female/Yin lives longer

8:09pm #OCD:'Cleanness'is a common excuse of racism.Often, unclean is simply Yin/diversity/disorganization/anticontrol.Taoism is often pro Yin

8:27pm Contamination OCD is the most common type of OCD, patients avoid common natural stuff such as soil,bodily secretions https://t.co/ sZqC8Ds7a3

8:33pm Taoism can help contanimation #OCD patients obtain rational understanding of human-nature relationship&conquer fear/obsession 11:41pm The greatest ambition is no ambition. Ordinary people are everyday heros.

#### Tue Oct 11

2:41am Worlds on other planets can be very different:structure of our world(wu xing)is reflection of earth relationships w. other objects in space

2:50am Wu Xing(5 planets)of Taoism is based on a geocentric position.It does not apply to other objects in space eg planets
3:23am Many Taoist literatures such as #Zhuangzi suggest ancient Taoists thought earth is round and is moving relatively in space
5:34pm Carnivore/omnivore/herbivore class r bad science.Meat eating is a spectrum.Carnivores eat plants,typical herbivores,eg deers,can eat meat
5:49pm Humans are similar to typical'herbivores'such as cows,deers&apes,we can eat meat&other weired food in famine,but meat isn't for regular day

6:03pm Taoist diet is the diet of typical'herbivores'. It is similar to veganism.Taoist bigu diet(leaves&fruits)is the common food of 'herbivores' 6:20pm Meat eaters are more aggressive/desperate on average because they have a famine mentality. Taoist diet gives you peace.

# Fri Oct 14

10:16pm Major Taoist text #Zhuangzi has '蔬食而遨游' It means vegan diet features the ideal/Taoist lifestyle that is full liberty 10:31pm Large number of Taoist literatures advise against meat eating&killing. Search '道家 素食' (means 'Taoism Vegan')online for more information

10:51pm Vegetarianism of Buddhism (mainly in Mahayana school) is influenced by Taoism. Original Buddhism doesn't have it https://t.co/ H7p0jGbFeH

#### Sat Oct 15

2:39pm General speaking in biology,racism sexism&many other biases are predatory behavior of 'carnivore'humans/culture to 'herbivore'humans/culture

3:01pm Taoist practise is about removing all biases:see the importance of both Yin&Yang. Without it one cannot be one with Tao/God.Meat is obstacle

3:25pm Meat is symbol of bias.Sexism:On average male eats more meat than female.Racism/Imperialism:'White nations'lead per capita meat consumption

8:56pm Word'holy'shares greek origin w. holism.It simply means all/ nonpartial/unbiased.Same in Taoism,Zhuangzi has'Uniformity of all' 9:03pm Uniformity of all(齐物论)is the title of an article in main Taoist text #Zhuangzi. Equality is an important feature of Taoism

## Mon Oct 17

4:19am Taoist culture highly values retreats:recluse is often synonym of sage,very powerful/respected person.Don't care about 'celebrities' #yoda

#### Sat Oct 22

7:06am Similarities of heaven&Taoist view on world of Taoist sages:full liberty,joy,'imortality'/longevity,can c earthly world but hidden from it

#### Mon Oct 24

2:22am Human development is cyclic. Taoist texts eg Huangdi Neijing mention more advanced (in science, wellbeing&spirituality) societies in history

10:46pm Yang(male,'carnivore'human,closed religion etc)more likely to lie.Yin(female,vegan,Taoism etc)more honest generally https://t.co/ cV8qxwqQjo

11:33pm Yin is liberty&longevity:in wave-particle duality, wave/Yin gets less restrictions from space&time/Universe.Be like wave,don't occupy,flow

## Tue Oct 25

12:25am Religious Taoism is Yang,philosophical Taoism is Yin,older.Yin is more honest.Religious Taoism has criticisms of corruption since founding

5:45pm Wave–particle duality is the base of physical world.Wave-Yin, particle-Yang.Taoism pros Yin.Be like wave(usually its water)

#### Sat Nov 12

12:32am Fast is an important part of Taoist diet.Most natural fast is in tempurature similar/above body temperature:naturally don't feel like to eat

#### Wed Nov 16

4:05am RT @PermacultureWeb: Reduce Weeding:Many weeds can be used, easy&fast to grow,create layers&balance ecosystem(eg reduce excessive sunlight)...

4:28am RT @PermacultureWeb: The amount of essential oil we get in the air from 'weeds' are priceless. Be nice to wild plants. Everything in the ec...

# Sat Nov 19

11:25pm 1, 2&3 in Tao Te Ching:Tao produces1(1st change);1/oness produces2(2nd change produces Yin&Yang);2produces3(3rd change produces 8 trigrams)

11:44pm Trinity&Three Pure Ones of religious Taoism originated from the THREE(ie 8trigrams that represent basic abstracts of reality)of Tao Te Ching

## Thu Nov 24

5:18pm Tao/God is neutral, the middle way&unbiased. It often appears to be pro Yin because the dominate culture is pro Yang. Tao is pro-Yin RELATIVELY

## Sun Dec 4

3:01pm Cold(eg about 30 Celsius)water shower/bath is often good for wellbeing(better skin, anti-aging, lift mind etc) https://t.co/o3Y727sjaK

# Mon Dec 26

4:32pm 治大国如烹小鲜 of Tao Te Ching means managing large nations is similar to cooking delicious dishes:Carefully cook/balance https://t.co/ tZvF9cZwC6

4:53pm Recipe is a form of dogma, you don't have to follow. Study nutrition & create recipes https://t.co/vluzk3Y3Nj

# 2017

# Thu Jan 12

4:13pm Complete honesty is very important in Taoism, because it removes all information territories&units all in the Universe.It is the Truth/Tao

4:16pm Lie&violence are means of evil & behaviors of territory. White lie bars people from information territories, is not desirable in Taoist culture 4:22pm True scientists and true Taoists both pursue complete honesty. Philosophical Taoism is more Taoist than religious Taoism from this angle

#### Tue Jan 24

9:01pm Geocentric Universe is in basic Taoist concepts WuXing(5 main planets)Yin(Moon)&Yang(Sun),every aspect of lives has it, w/o Earth w/ o'all'

9:06pm Taoism is green. Protect the only Earth we are designed for. #environmentalism 9:08pm Migration to planets is unlikely as our structure at large is reflections of a geocentric Universe. Those can'live'elsewhere aren't 'humans'

## Sun Feb 12

7:34pm No surprises that many things are made in China. The base of Chinese culture, Taoism, is a producer/provider/altruistic culture.

## Thu Feb 23

4:46pm Importance of humility in Taoism: Dunning–Kruger effect explains https://t.co/68gK9ezTUD the smart underestimate&the Ignorant are confident

## Sun Feb 26

6:39pm Universe is always in balance.When people say something isn't balanced it often means:in temporal(short term)balance which is set to change

#### Fri Mar 10

5:45pm Symbiosis https://t.co/Aj1qpJwUmw (collaboration,coexistence ) is widespread in nature. The term 'Red in tooth and claw 'misrepresents nature

5:53pm Taoism in plain words: Be open and relaxed, love mother nature

#### Wed Mar 15

7:52pm Unity/inclusion/love is a keyword that is shared by many spiritual systems such as Taoism.Globalization is a path to global unity.We are one

## Thu Mar 16

4:36pm Bible:Meat is permitted after the great flood. Science:The flood is end of iceage-herbivore humans interbreeded w.meat eating neanderthals

4:48pm Decentralization('weak'center)is a key Yin feature.It's apparent in humans:female/Yin has small waist,male gets'beer gut'
4:58pm Many belief systems in the world are offsprings of cultures of prehistorical herbivore humans. Taoism is one of the purest offsprings.
7:23pm Upper body is Yin(in/accepting/eat)lower body is Yang(out / discharge)Brain is Yin organ,sex organ is Yang.Sexism lies,Yin/female are smarter

## Mon Mar 20

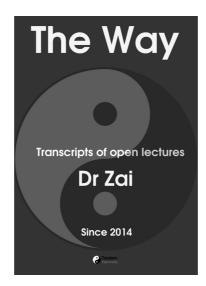
12:12am Jesus was a black(North African)student of Taoism(he said 'I am The Way'-The Way is translation of The Tao: https://t.co/ jWMB77hpxB) #racism

12:18am RT @PrehistoryStudy: Common mistake: life on earth is actually a web, not a tree, humans are related to ancestors in Africa, but humans hav...

12:18am RT @PrehistoryStudy: Common mistake: neanderthals didn't extinct, they interbreed with other 'humans'

4:50pm Neanderthals & many other humans are Yang/male & Yin/ femal. Biology study:'Did Europeans Get Fat From Neanderthals?' https://t.co/YMeXrBsFK6

6:27pm Jesus' 2 comings to earth r metaphors of global rise of Yin cultures(eg Taoism/Science/Left/Feminism/Green)in global warming.We r in the 2nd 7:06pm 40% of USA think Jesus is likely to return by 2050.Economists say China,India will dominate global economy by 2050 https://t.co/ Nma0BNTFQN



8:35pm You can download latest PDF of the entire course in chronological order on our website https://t.co/knmzlZXoxd https://t.co/ zQMjEOSEYO

# Tue Mar 21

3:26pm #WhiteGenocide untrue.C meat consumptions https://t.co/ fEtqIHrDJ0 In ecosystems,carnivores r naturally minorities.It's Tao/ God's plan #vegan

# Wed Mar 22

11:30pm Small No. of carnivores in nature is excuse of immoral behaviors for some.Even pure carnivores can become nicer,some wolves(dog)are vegan

#### Thu Mar 23

2:30pm On average males have more money than females. Money is a Yang/male/masculine attribute. Gold-diggers are masculine.

#### Fri Mar 24

6:43pm Beautiful Chinese/Taoist music Instrument Endlesslove 10 different songs https://t.co/hvybPCrfHy

#### Sat Mar 25

12:25am Taoism likes the unity/middle-way/average of Yin&Yang https://t.co/YhG0HSJdHU Often the average is the best https://t.co/ O7rHL8U36q

4:32pm Ancient Taoist clothes and shoes are mostly made from cotton, hemp, silk and wood. Wearing animal skins(fur,leather)was very rare

## Tue Mar 28

2:28pm RT @PermacultureWeb: In our field test in QLD,all common'weeds'found in the yard are herbal medicines.Follow the plan of mother nature.Let...

## Wed Mar 29

10:40pm RT @PermacultureWeb: Booklet 'Why You Should#LoveWeeds' Preview A5 https://t.co/ItSvB9ckYP; Print on A4,doubleside,fold to A5 booklet htt...

## Fri Mar 31

11:56pm Don't read 2 much into'toxicity'of herbs.Many herbs can b toxic if u take large amount,just like vitamin C&drugs.Herbs r choice of evolution

#### Mon Apr 10

12:26am Many important Taoist terms have the keyword 'real'(真),such as修真/全真教/真人/真气.Taoism cares about truth/honesty more than many other religions

2:36am Taoism is deep ecology https://t.co/EJtB7g9MLa

## Fri Apr 14

3:14pm Wars are associated with excessive Yang/male energy. Do-Yin(empathy, vegan, tolerance, honesty, decentralization, unity etc) helps world peace.

# Thu Apr 27

7:38pm Faithful parents produce better offsprings:2sides(gene of mum&dad)of kids of broken family'hate'each other-the kids r often self-destructive

## Fri Apr 28

8:00pm Lineage of beliefs is unimportant.It's a divisive thinking which links to many problems eg. conflict&selfishness. Tao is unity

## Tue May 9

7:05pm Taoism is ecofeminism https://t.co/vZFkqQDja8

## Mon May 15

4:40am Lying is not smart/able.Often it is insecurity of stupidity/ inability:thinking one cannot win fair competitions without deception.Truth=Tao

4:48am Unity of the Tao/way is a central view of human culture. The cosmos is called UNIverse. Multiverse is within the Universe. #UN

4:59am Physicsts have a Universe of space-time https://t.co/ TGWsBD2fuK. Taoist word for the Universe is 宇宙, it literally means space(宇)-time(宙)

# Thu Jun 8

1:12am Taoism discourages intention/utilitarianism. Common Chinese phrase无心插柳is from a Taoist text. It means trees unintentionally planted thrive

1:18am 'Founder' of analytical psychology Carl Gustav Jung was Taoist https://t.co/TcTIXMrmOk

## Fri Jun 9

5:50pm Hemp(aka weed,marijuana)adds Yin/female energy.So scientists found it helps wellbeing,reduce cancer(cancer is Yang) https://t.co/ q3r5Rh4GnX

## Mon Jun 12

9:59pm Taoism is ecospirituality https://t.co/tLnLVJl6Xl

## Sun Jun 18

6:35pm We need to eat lots of green plants for good health(more @RawVegan\_Club).Tea culture of Taoism was developed for this. Tea is vegetable soup

## Wed Jun 21

11:40pm These can all be aspects of a Yin-Yang cycle/swap of Earth:#climate change(eg cold>warm,political-right>left);swap of Earth's magnetic pole

## Thu Jun 22

2:36am Privacy is linked to territory/deception, large society naturally can't keep privacy like smaller ones. Don't worry of leaking, be moral/Tao2:55pm Every day you are a newborn. Explore and enjoy the world with lots of curiosity of truth/Tao

3:18pm Similar to many religions, envy is strongly discouraged in Taoism.It's a mix of many violent emotions such as greed and hate3:41pm Be the best of yourself on the truth/Tao/God seeking journey. Tao Te Ching discourages mastering/competing against others several times

#### Sat Jul 1

1:56am Tao doesn't forbid activism.Wu-wei(non action)is natural action.'Natural activism'is Taoist;blind to injustice isn't https://t.co/skKSllxyjk

#### Wed Jul 5

8:10pm Biodynamic agriculture is Taoist https://t.co/fMPrFmWkN9

## Wed Jul 12

7:07pm Woodear https://t.co/XIWd8afo25 can be used as pasta for low-carb/raw-vegan/gluten-free.Just search'dried black fungus slice'in Asian shops

## Thu Aug 10

3:18pm Thicker eyebrow is linked to thicker brow ridge, a Yang/ masculine feature. People with thinner eyebrow are often more yin/Taoist

# Tue Aug 15

10:42pm DIY is good for holistic mind.It reduces waste locally(more recycle,less distribution waste),adds insight of mechanism of society/ ecosystem

## Wed Aug 16

9:43pm Mud-mask/eating clay&activated-carbon r health trend.Animals/ people knew it. https://t.co/ZM90zh4Gkh Soil is used in Taoist medicine

# Thu Aug 17

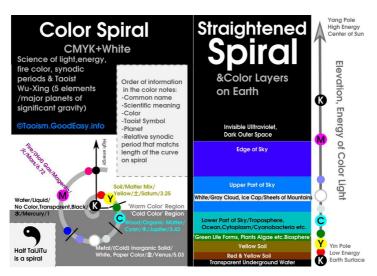
3:41pm Common views of Taoist fairy (aka Xian) https://t.co/ xHsxTFkudO

# Tue Aug 22

11:56pm Bigu(no-seed vegan)more scientific than gluten-free.Other seed toxins: lectin,aflatoxin etc.https://t.co/jqu6tvB1hW, https://t.co/oUZXC5T0DI

# Wed Aug 23

12:33am [Taoism as religion]Contacts(machine translation) of regional Taoist associations in China https://t.co/nVdsicpMNf Most don't speak English Sat Aug 26



11:07pm Color wheel unscientific, Taoist color spiral('CMYK'+white of Wu-Xing)matches physics. Earth colors largely from it https:// t.co/8WsA5aTbz2 https://t.co/nv1h0gwnUM

11:46pm TaiJiTu:Things r unity of Yang spiral&Yin spiral. Origins of the

2, the dots, connect. Universe as whole is the only closed circle

Sun Aug 27

2:51am Lines that pass the center of the color spiral locate true complementary-colors:2 harmonious colors that are aesthetically pleasing together